



European
Joint
Support Unit

Security

Ramstein

The information in this section has been compiled
by J2



Traffic Accident Guide

Stay Calm, Keep Safe: If you are in accident, it's important not to panic. Turn off your car engine. Turn on your hazard lights and get out of the car safely - exit from the driver side to avoid traffic (RHD vehicles).

Exit the Car Safely: Wear a reflective vest, secure the areas and place the warning triangle. Take all necessary measures to avoid further damage or casualties. This includes extinguishing a fire if necessary.

Don't Put Yourself in Danger: Use a torch at night. Keep a safe distance away from your car and away from the road or highway. Don't smoke or use mobile phones if there is a risk of petrol fumes in the air. Don't move any vehicle until the police have arrived, unless there is a chance of further injury if it stays in place.

Call for Help: The safety of everyone involved is always the priority. If you or anyone else has been hurt in the accident, call the emergency services immediately.

First Aid: Any person involved in an accident is obliged to aid casualties. • Provide first aid if you have sufficient knowledge • Actively assist casualties and seek help.

Take Down the Details: Once everyone involved is safe or being cared for, it's time to annotate exactly what happened. You will need to write down: • The date, time and exact location of the accident • The name, address and phone numbers of the other drivers • The make, model and registration numbers of any witness(es), including passengers • Details of injuries and attending police officers • The insurance details of the other drivers Take photos of the accident with your smartphone, showing the positions of the vehicles involved, and any skid marks and damage. If you do not have a camera on you, ask others in the surrounding area for one or draw a sketch of the scene. *The details mentioned are included in the standardised European Traffic Accident Report forms.

Don't Admit Liability: Whether you've had a minor prang or suffered something more serious, do not admit liability. Even if you think the accident was your fault, you shouldn't discuss details of an opinion with the other driver(s) without speaking with your insurance company.

Your Legal Responsibilities: Following an accident you must call the police.

Home Security

If you have an alarm, make sure it is set, working properly and don't leave sensors covered. Make sure all doors and windows are locked.

If you have a door lock or window locks make sure they are serviceable, and you use them.

If you have an internal door between your SFA and garage, consider this as an external door and ensure it is secured appropriately.

Don't leave door keys within sight or reach from anyone outside. Potential thieves have been known to 'fish' keys through letterboxes or windows that have been left open. This also applies to car keys.

Open/Close shutters.

Purchase a Wi-Fi security camera for your home (i.e. Ring). These are very reasonable and can be purchased from the internet and will allow you to view your home when you are away. You will have seen adverts on the TV for wireless cameras for your front door, there are some good alternatives for sale on Amazon which are relatively inexpensive and easy to install.

Use time clocks to show lights in your home during the evening and early morning. Try to use the time clocks with a feature of several days and do not set everyday with the same time, a radio on a timer is also a great deterrent. This will give the impression of a normal pattern of life and deter any would be burglar.

Don't advertise your planned period away on Social Media, people use Social Media to check for holidays to select houses to break in to.

Park your vehicle near the garage door so it cannot be opened.

If leaving your property vacant, contact the local police and see if they offer a 'Homewatch' scheme. They will arrange for extra police patrols to cover your street and will pay attention to your home address. The form is available on-line, from the police or BSG. If they don't offer this service, ask a friend/neighbour to check on your property and pick up the post.

Cold Callers

Receiving unwanted callers on your door step when living in a foreign country can be very daunting. All official callers should notify DIO first, who will then book an appointment with you. Workmen should not turn up unexpected, if they do turn them away.

Here is some guidance to help deal with these callers

- Put a sign on your door, ask your CLO for some advice.
- If someone knocks the door:
 - Do not open the door fully. If you have a safety chain use it.
 - Check ID
 - Confirm what they are here for, are they asking a lot of questions?
 - Politely turn them away
 - Contact DIO/NSE and detail what has happened
- Get a social media group together, where you can forewarn each other that people are in the neighbourhood.

Use of Social Media



Most people think a Virtual Private Network (VPN) is just another way to watch UK TV in Europe.

It is also the best way to secure your internet, protect your personal information and the information you are sending/receiving when using the internet.

WiFi hotspots that don't ask for a log on or password to use are particularly vulnerable to hackers who will intercept your information. This could lead to your identity being stolen or your bank details being copied.

It is recommended that you use a VPN to secure yourselves. Some are free and some you purchase. A paid for VPN provider is more secure than a free VPN, as free VPN providers tend to sell your information on to make a profit. Some VPN providers to consider are:

- NordVPN
- PureVPN
- ExpressVPN

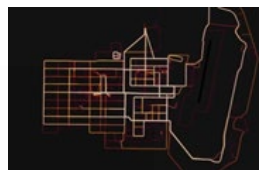
Internet Searches



The term 'let's Google it' is common place nowadays. But have you noticed that Google seems to already know where you want to look, and it knows what you have recently purchased? That's because they store your search information. If you want to remain anonymous, use these search providers:

- Mozilla Firefox
- DuckDuckGo
- Qwant

Fitness Apps and Tracking Devices

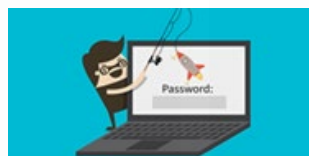


Most of us use fitness tracking devices, be it via smart phone or through a smart watch. There is evidence to suggest that these devices are tracking our movements and sharing our data.

If you use these devices it is suggested that you follow these easy steps:

- Lock down/apply privacy settings on any media account where location data could be available to prevent unauthorised/uninvited access.
- Opt out of any heat map data collection or enable privacy zone functionality using application settings
- Turn off GPS on any application when not required.

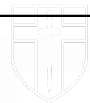
Phishing Scams



Phishing is a form of fraud in which an attacker masquerades as a reputable entity or person, through email and other communication channels, to induce individuals to reveal personal information such as passwords and bank account details.

Phishing scams have been around since the internet first existed and are not likely to disappear any time soon. There are however several ways you can prevent falling victim such as using Antivirus Software and Firewalls and thinking before you click.

For further information on cyber security advice to protect you and your family visit www.ncsc.gov.uk/section/information-for/individuals-families



Travel

There are currently no restrictions on travel to or through Belgium, France, Netherlands, Germany or Luxembourg. If the situation changes NSE HoL will be informed.

Uniform and other branded clothing must not be worn in public, or whilst travelling. This includes during transit to, or through, the Channel ports. Wearing anything that could possibly be affiliated to the military, and all evidence of MOD links on the vehicles, must be avoided.

Check your travel routes beforehand. Google Maps or Via Michelin will often show areas of congestion and will help plan the best route.

Be aware of family members who are travelling separately and have their contact details to hand. Keep in contact till they have arrived at their planned destination.

Check ferry company and Channel Tunnel websites for travel changes and delays.

Even though the threat from the 'Jungle' at Calais has been reduced, there is still the risk that service personnel and their families could encounter migrants intent on finding a route to the UK. Please be aware of this whilst en route to French and Belgian channel ports, especially Zeebrugge, around towns and cities. There could also be on these routes at service areas on the main roads and motorways. It is important to remain alert and aware of your surroundings whilst travelling and be vigilant.

All personnel should avoid, where possible, stopping within 75kms of Calais/Dunkirk/Zeebrugge particularly the service stations on the E40 close to Brugge (Jabbeke) and Newport (Mannekenvere). If you must stop for comfort or refreshment, you are advised to make sure someone stays with the vehicle while you are away. Drivers must check their vehicles especially caravans and campers for illegal stowaways before boarding. UK Border Agency staff are checking all travellers whether MOD or not.

Travelling to Northern Ireland or the Republic of Ireland? Ensure you read the required briefs on the NIGSAS website and complete the leave location spreadsheet.

Country Advice



Certain countries hold a very real threat to military personnel, be that from espionage or terrorism. Before travelling to a country you believe may be of interest, first check the FCO website –

<https://www.gov.uk/foreign-travel-advice>

If you haven't already, download the Travel Oracle App. Details available from the CLO.



CSSRA/High Threat Countries – those with DV

If you are travelling to Countries to which Special Security Regulations Apply (CSSRA) or High Threat Countries, whilst not prohibited, it is essential that you contact EJSU J2, who will be able to offer you guidance on these locations. The CSSRA list and associated guidance can be found in DI-CI Overseas Travel Guide (for MODNET only).

If you have any further travel queries, please contact EJSU J2 who will be able to offer more guidance.



Personal Security

Do not advertise you are British or British military, and when out and about keep your personal belongings safe and out of reach of wandering hands.

When transiting around try and stay within well-lit areas and where possible avoid walking alone. Consider informing whoever you are visiting that you are on your way and the route you are taking. Also consider informing someone where you are going and how long you expect to be.

At all times remain vigilant, do not get involved in local disputes and always follow the advice of security professionals. If you see anything suspicious or out of the ordinary report it. Any information is good information.

Anyone can be at risk. Contrary to popular belief men are more likely to be assaulted on their way home than women.

Trust your instincts – if something doesn't feel right let someone know.

In all instances, if you believe yourself to be in immediate danger call the police

Vehicle Registration and Car Security



High visibility retro reflective jacket (safety jacket/ reflective vest) must be carried inside the vehicle when using it. In case of stopping of a vehicle in an area where waiting and parking are forbidden all vehicle occupants must wear a reflective vest for safety and by law.

Many of us will purchase new cars while serving overseas. A lot of new cars have keyless technology, mainly a convenience such as helping save time when carrying shopping bags or trying to duck out of the rain.

Thieves have now identified a way to scan and record keyless card details. To avoid having your car stolen it is recommended keeping your car key away from your front door, if possible, in a metal tin. This will help mask the digital signature of the key.