



European  
Joint  
Support Unit

# Shopping/Services

Poggio





## **Shopping Centres**

There are two main shopping centres on the outskirts of Ferrara, Centro Commerciale Il Castello and Le Mura.

Centro Commerciale Il Castello located at Via Giusti 4/10 is a large shopping centre with a very large IperCoop (a bit like Waitrose pricewise- has lots of choice). This centre also has a food court, Bata shoe shop, H&M, Pull & Bear to name but a few.

Ipermercato Le Mura is located at Via Copparo 132, 44100 Ferrara. This centre has several shops and food places.

## **Supermarkets**

There are many large supermarkets, mainly outside the city walls in mall type complexes. Inside the city you will find a variety of small supermarkets, convenience stores and grocery stores with most staying open until 8pm.

Shopping in an Italian supermarket is much the same as the UK. Apart from a few minor differences, when selecting fruit and vegetables, you must wear plastic gloves which are provided. You must weigh produce and print price labels, so remember to take a note of the number next to the product. Most larger supermarkets have bakery departments; again, you must wear gloves when selecting bakery items. Bread, pastries and cakes are sold by the kg. There are also designated trolleys for Dogs which have pictures of dogs on them at some of the larger supermarkets.

There are the following supermarkets in and around Ferrara;

Interspar- Via Malpasso 14, 44100 Ferrara  
Lidl- Via Eridano 2, 44122 Ferrara  
Aldi – Via Padova 207, 44123 Ferrara  
Cadaro- Via San Contardo d'Este 2, 44123 Ferrara  
IperCoop- In both Il Castello and Le Mura Centro Commerciale  
IperTosana- Via Diamantina 23, 44123 Ferrara  
Penny Market – Via Comacchio 139, 44124 Ferrara  
Conad – Via Argine Ducale 188, 44100 Ferrara  
Supermercato Famila – Via Bologna – Via Richard Wagner, 44124 Ferrara



### Markets

Open air markets are held most days of the week at Piazza Savonarola. Mondays and Friday mornings are traditional market days. Often there are weekend stalls out in the centre of town and produce range from antiques to fresh produce including organic foods and bric-a-brac stalls. It is not unusual for these stalls to close up shop at or around 12.30pm.

Antiques and vintage markets are very popular in Italy and are regularly held once a month in towns and cities all over the country.

You can find anything and everything at them. From collections of vintage and porcelain dolls to old-fashioned typewriters, from paintings that are a couple of centuries old to antique Murano glass chandeliers. If you love antiques or just like looking at beautiful things with lots of history, you will be in heaven.

### Suggested markets to visit;

-Ferrara Antiques and Craft Market takes place on the first Saturday and Sunday of every month at Corso Porto Reno and Piazza Castello. Here you can find a variety of collectables, including furniture, ceramics and jewellery. At the Craft Market are new and unique items, including handmade pieces.

<https://www.ferraterreaacqua.it/en/ferrara/events/events-and-initiatives/street-and-exhibition-markets/articles-from-the-old-days-antiques-and-craft-market>

-Stellata Mercatino features over 200 stalls selling furniture, clothing, coins and crafts etc. Volunteers run a refreshment stall serving snacks, a variety of drinks, and delicious frittelle or apple fritters which are highly recommended. There is a small car park and on street parking. This market runs on the second Sunday of the month.

<https://www.facebook.com/MercatinoStellata/>

-Vicenza 'Non ho l'eta' Antique and Vintage market runs on the second Sunday of each month, usually in the centre of the city. Here you will find antique or vintage items, sympathetically restored or upcycled or requiring some care.

<https://www.antiquariatovicenza.it/en/>

-The beautiful walled town of Soave comes alive with the Mercato dell'Antiquariato which takes place on the third Sunday of the month. Smaller than some markets, it still has over 100 stalls selling a variety of items from 'bric-a-brac' to antique items. The market takes place on the streets of the town and there are numerous small eateries offering a variety of traditional Italian goods. Soave has a well-restored castle which is an easy walk up from the market area and is worth a visit. For those who prefer not to hike, there is parking next to the castle.

<http://www.freckleandfair.com/blog-posts/2017/8/12/what-to-see-and-do-in-soave-italy>

<https://www.castellodisoave.it/it/storia-del-castello>



-If you want to spend a whole day antiquing, then head to Piazzola sul Brenta where on the last Sunday of every month you will encounter 'The antiques market and things of yesteryear', one of the largest antiques and vintage markets in the whole of Italy, featuring approximately 800 exhibitors. The market can be found on Piazza Paolo Camerini, in front of the lovely Villa Contarini, and in the surrounding streets. The myriad of stalls display furniture, fossils, paintings, vintage bicycles and other smaller items. Parking is limited and on street, necessitating a bit of a walk to the entrance to the market.

<https://www.comune.piazzola.pd.it/mercantino-dellantiquariato>

-Lugo Vintage Market takes place twice a year in spring and autumn, usually in April and October, and offers a variety of clothing, furniture, jewellery and handbags. As well as a large variety of preloved items, there are a number of vintage-inspired food trucks serving street food and snacks. At previous markets, there have also been a few rides to entertain children. Free parking is available.

<https://www.vintageperungiorno.com/>

This is just a small selection of markets within 90 minutes of Ferrara. Due to current restrictions please check that these scheduled events are taking place.

### **Tabacchi/Tabaccheria**

Tabacchi/Tabaccheria are Italian tobacco/tabacconists. Apart from smoking products they also sell postage stamps (francobolli) for standard sized envelopes, lotto tickets, phone cards, scratch-cards, bus tickets and souvenirs. You can even pay bills in some for a small counter fee. When they are closed, most have a cigarette vending machine outside. Please note you need a 'codice fiscale' card before using the machine (prove your age). It is also possible to purchase Concert Tickets and Football tickets from certain Tabacchi's, please contact the CLO for further details.

### **Petrol Stations**

Petrol Stations are dotted around Ferrara and are normally not too far away. They are not your normal UK Petrol Stations and only provide Fuel, Air, Water and essential car items.

There are two options when you drive in to them – assisted and unassisted. Please bear in mind that assisted will cost you slightly more. Most Stations are open 24hrs and require a bank card for payment.



### **Tax Free Shopping**

The MWA has a list of 'agreed shops' where personnel can receive tax-free products. It can be found on the MWA EDMS site on NS. The first step in purchasing from one of these shops is to visit the MWA and request an appointment (for IKEA only) and state the amount you wish to spend/the products you wish to buy.

The process for IKEA is:

- Book an appointment with MWA (appointments are available on Mon, Wed, Fri)
- Visit IKEA and locate the Office furniture department for your appointment. Seek assistance from one of the staff at the desks and provide your NATO ID.
- The IKEA staff will provide a credit note up to the amount stipulated in your initial email. You cannot purchase items beyond that credit amount.
- Collect the items in store and proceed to the cashier on the far-right counter (not self-checkout)
- Present the items and credit note to the cashier who will process everything with no payment and provide a receipt.
- The MWA will then email the individual with an outstanding balance and transfer details. Make the bank transfer and enjoy trying to assemble whatever Swedish named item purchased!

The process for Media World is:

- Contact MWA with the links of the products you wish to buy
- The MWA will let you know the order amount and ask if you wish to proceed
- Once approved the MWA will order the products and send the invoice to you for payment by either bank transfer or by card in the MWA office.
- You will receive a notification when the order has been delivered to the Media World store where you can pick up your goods.

Further assistance can be provided on arrive at Poggio.

### **Amazon UK**

You are eligible for a refund of VAT on items sold by Amazon.co.uk and sent to BFPO. For more information, see the following [website](#) and speak to the NSE.