



EJSU Ulm Community Newsletter

May 2021



Welcome to the first ever Ulm community newsletter. As your first ever CLO I feel I should introduce myself.

I arrived in Ulm mid November 2020 with my husband, 4 children and 2 dogs. Having come from rainy SHAPE I was promised lots of snow and skiing. Six months later and there has been plenty of snow but to the disappointment of everyone a global pandemic has meant no skiing this year, here's to hoping next winter is better.

Having been an army wife for more years than I care to mention, with 4 boarding children and various adaptable career options, I am sure I will fit right into the CLO role in providing information and support where needed to the community.

I am planning the first community event as you read this. This months newsletter is a starting point, if you have anything you think it is missing or suggestions please get in touch, I'd love to hear from you.

I look forward to getting to know you all.

Sarah

Upcoming Holidays

23 May—Whit Sunday

24 May—Whit Monday

31 May—May Bank Holiday

03 Jun—Corpus Christi

04 Jun—Bridge day

Blue—German Holiday

Red—UK, US, NATO holiday

Black—Bridge days

Useful Numbers

UK NSE Office	+49 73138859015
DIO	+49 8322606620
Healix	+44 2084817800
EJSU Welfare Officer (24/7)	+32 478970280
European Duty Field Officer	+32 472782251

NSE Ulm Office Hours

Mon—Thur 0830—1200 1230—1700

Fri 0830—1200 1230—1500

CLO Hours

Mon—Thur 0900—1300



Did You Know about EJSU Net ?

The website is there to support service personnel, civilians and their families serving with NATO, The EU and Elsewhere in Europe and Turkey.

There you will find an abundance of information relevant to your posting.

[Click Here](#)

CLO Top Five things to do at home for free

1. Try a fitness challenge

Don't fancy the gym (or the hefty membership)? There are plenty of fitness challenges you can try out from home, so you can work on your fitness without having to leave the house. You could try the [100-pushup challenge](#), [squat challenge](#), or why not do some PE with Joe Wicks to stay healthy at home for free.

2. For the Harry Potter fans

If you've always dreamed of going to Hogwarts, now's your chance to live that fantasy. Potter enthusiasts are well served, thanks to the brand new Harry Potter at Home site launched by JK Rowling, featuring a free online collection of family-friendly activities, including videos, puzzles, quizzes, crafting ideas, articles and much more. - Boredom banished! [Click Here](#)

3. Host a virtual murder mystery

UK company Red Herring Games has come through. Describing itself as offering 'the best in murder mystery entertainment', Red Herring's multilayered games can now be adapted for virtual gatherings with the assistance of Zoom or Google Hangouts. [Click Here](#)

4. Take the kids to the Circus

Obviously, Cirque du Soleil can't perform to a live audience right now - so it's taking the show online. The world-famous troupe is streaming the most impressive moments from its larger-than-life shows on CirqueConnect, its new digital hub, every Friday. While the tension and spectacle will never be the same as the live events, at least these are completely free. [Click Here](#)

5. Explore the local area

We are very lucky here in Ulm to have access to the great outdoors on our doorstep. There are plenty of local walks in the area. [Komoot](#) is a great app with lots of walking, cycling and hiking routes.