



# EJSU TORREJON COMMUNITY NEWSLETTER



SUPPORTING BRITISH PERSONNEL, EJSU STAFF AND THEIR FAMILIES

*EJSU Madrid, CAOC Torrejon, BFPO 56*

EMAIL: HELEN.WARREN100@MOD.GOV.UK

## CLO INTRODUCTION

Good Afternoon Community

I hope this finds you in good spirits.

June's newsletter brings you some important information regarding Dental care and the COVID19 Vaccine, along with some new updates to COVID restrictions.

There is also some more lighthearted information about the next coffee morning and the EJSU Sunflower Challenge as well as some education and welfare information you may find useful.

As always If you have any ideas for the next newsletter or have visited a place you would like to recommend please get in touch.

Thanks for taking the time to read.

Best Wishes

*Helen*

**CLO Working Hours are as follows**

Tuesday & Thursday: 1000-1500.

Wednesday: 0930-1530

## USEFUL TELEPHONE NUMBERS

Head of Location (HOL) - Spike McKee	672883624 919 073 164
JNCO NSE - Mark Solomons	919 073 163
Community Liaison Officer (CLO) - Helen Warren	919 073 163
Host Nation Liaison Officer (HNLO) - Cristina Atienza	919 073 162
DIO Estates Manager - Lucia Lumbreras	919 073 162 681 045 359
EJSU Area Welfare Officer - Chris Jones (Available 24/7)	+32 478 970 280
Healix - Health line	+44 208 481 7800

If dialing from a UK number, remember to prefix with +34 unless otherwise stated.



["CLO Community Information"](#)

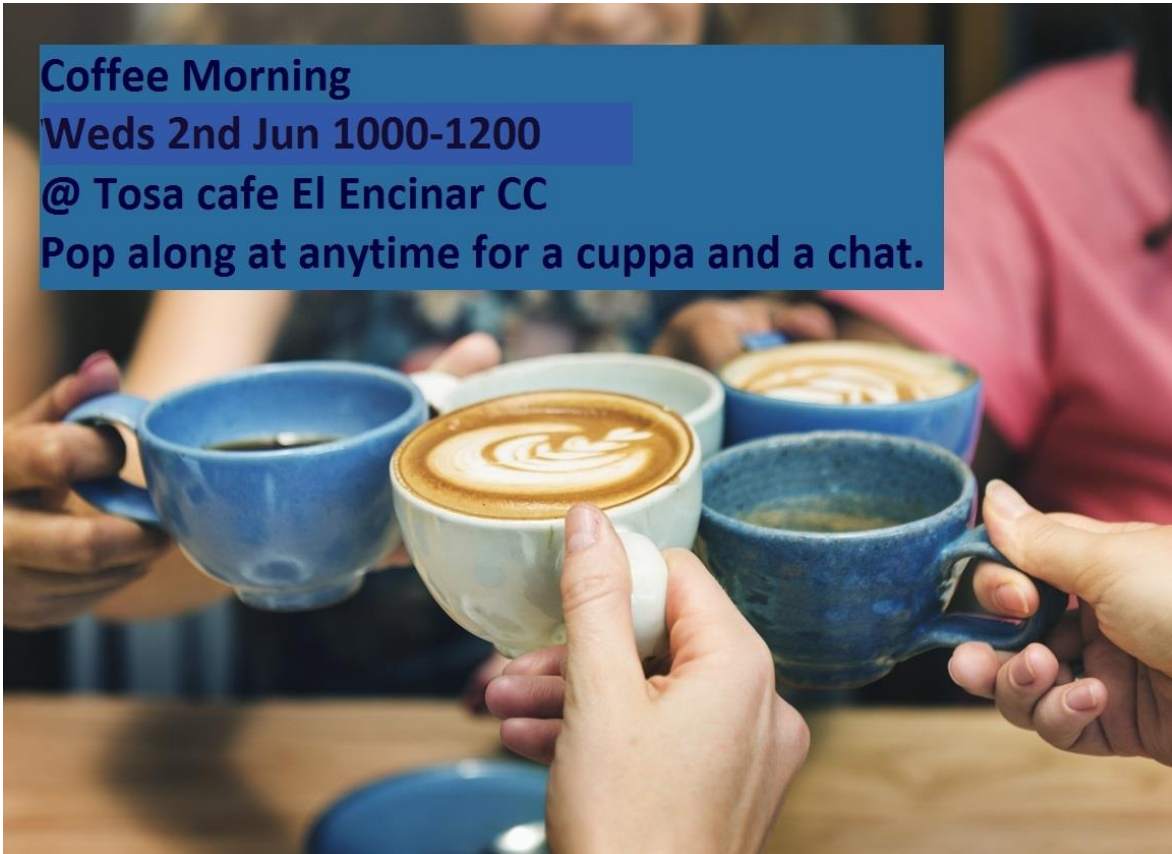
EVENTS AND ACTIVITIES

**Coffee Morning**

**Weds 2nd Jun 1000-1200**

**@ Tosa cafe El Encinar CC**

**Pop along at anytime for a cuppa and a chat.**

A graphic featuring a sunflower on the left and a ruler on a wooden surface on the right. The ruler is placed over a stack of papers. The background is a light brown wooden table.

*Grab your rulers*

**MEASURE YOUR  
SUNFLOWER  
TODAY!**

Send your best measurement to  
your CLO asap

EDUCATION AND EMPLOYMENT

**ANDERSON**  
education  
Leading UK Boarding School Specialist  
SINCE 1999

PROUD TO SUPPORT  
**EDUCATION IS GREAT**  
BRITAIN & NORTHERN IRELAND

**Do you have a daughter joining Year 7 in 2021?**  
Are you considering an all-girls boarding education?  
Are you concerned about fees?

**We can help!**

**50+% Bursary Opportunity – contact us today.**  
diane@andersoneducation.co.uk  
Mob: +44 7442 222 075

Royal Navy | Army | RAF | Reserve Forces | Royal Marines | Veterans | Uniformed Services | Families

Thursday 8th July 2021  
from 09.30hrs to 13.30hrs

**CAREERS FAIR** for the Armed Forces Community

Leicester Racecourse  
Leicester Road, Oadby,  
Leicester. LE2 4AL

**HUNT DOWN YOUR NEXT CAREER**

**WE'RE BACK!**

Jobs, Courses & Support  
Company Stands  
Link Directly to Employers  
CV Workshop



Turn up on the day, or register  
[www.bfrs.org.uk](http://www.bfrs.org.uk)  
02476 939 931

**CAREERS FAIR** for the Armed Forces Community

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JOBS & COURSES  
COMPANY VIRTUAL STANDS  
LINK DIRECTLY TO EMPLOYERS  
CV WORKSHOP

**HUNT DOWN YOUR NEXT CAREER**

**WHO IS IT FOR?**  
Service Leavers, Reserve Forces, Veterans,  
Partners & Families, Civilian Employees of the MOD.

**WHAT'S ON OFFER?**  
Jobs, Training, Self-Employment and Franchise Opportunities,  
CV Advice, Employment Advice, Business Advice.

**FIND EXCITING NEW CAREER OPPORTUNITIES IN:**

- Rail Engineering
- Security
- Logistics
- Hospitality
- IT
- Energy
- Utilities
- Defence & Aerospace
- Facilities

**AND MANY, MANY MORE!**

Turn up on the day, or register  
[www.bfrs.org.uk](http://www.bfrs.org.uk) | 02476 939 931

## HEALTHCARE INFORMATION

### Dental Fitness Certificate

Please note that at the end of every dental treatment plan you receive; **ALL** personnel and their dependants must fill in a Dental Fitness certificate to be stamped and signed by your Dental practise following your check-up.

This form should then be scanned and E-Mailed to [UKStratCom-DMS-DPHC-HQODen-CEP@mod.gov.uk](mailto:UKStratCom-DMS-DPHC-HQODen-CEP@mod.gov.uk) who will update the Medical system/JPA to reflect your Dental fitness/recall date.

Contact a member of the UK NSE to request a form

### Medical Treatment

There was an error in the contact details for Dr Mihic's office in last month's newsletter, please see below the correct details, apologies for any inconvenience this may have caused.

Dr Mihic's secretary Elena Garcia-Moreno Cejudo

Phone: +34 917 56 78 95

Email: [uppp@mail.hmhospitales.com](mailto:uppp@mail.hmhospitales.com)

## COVID19 INFORMATION

### COVID VACCINE

**All** personnel are required to inform the CEP ([UKStratCom-DMS-DPHC-EJSU-Med@mod.gov.uk](mailto:UKStratCom-DMS-DPHC-EJSU-Med@mod.gov.uk)) without delay when they have received their first and second vaccinations. Personnel should quote their name, batch number and date they received the vaccination. This information will be uploaded to the MOD medical database. Without you personally informing the CEP of the above your records will be incorrect. **All** personnel are required to inform the CEP ([UKStratCom-DMS-DPHC-EJSU-Med@mod.gov.uk](mailto:UKStratCom-DMS-DPHC-EJSU-Med@mod.gov.uk)) without delay when they have received their first and second vaccinations. Personnel should quote their name, batch number and date they received the vaccination. This information will be uploaded to the MOD medical database. Without you personally informing the CEP of the above your records will be incorrect.

### GENERAL MEASURES

Since the lift of the State Alarm there is no longer a curfew in place, however from Mon 31<sup>st</sup> May - Hotels, restaurants, cinemas, theatres and casinos must close by 0100 and sports facilities and gyms to close by 0000.

### PRIVATE GATHERINGS AND EVENTS

Meetings inside homes with members other than your household are still not recommended. However Social gatherings in Hotels and restaurants is now lifted to 6 per

table indoors and 8 per table outdoors, face masks still need to be worn continuously unless taking food or drink.

### AREA RESTRICTIONS

You can travel to any unrestricted area within Spain. Some regional and local restrictions are still subject to a perimetral lockdown, Please check before travelling - <https://www.comunidad.madrid/gobierno/actualidad/datos-coronavirus>

### TRAVEL RESTRICTIONS

You can now travel from the UK to Spain without Quarantine and a PCR, you just need to complete a health control form found here - [www.spth.gob.es](http://www.spth.gob.es)

If travelling from Spain to the UK you need to provide proof of a negative test take within 3 days of travelling, complete a passenger locator form, quarantine for 10days and take a COVID-19 test on or before day 2 and on or after day 8. You also have the option to take a test to release after day 5 in the UK. Children under 4yrs do not need to take the day 2 & 8 tests. Go to [www.gov.uk](http://www.gov.uk) for more information. There will be a travel review 7<sup>th</sup> June.

For further information on COVID and travel restrictions see the links below:

<https://www.comunidad.madrid/covid-19>

<https://english.elpais.com/news/society/>



## SUPPORT/WELFARE

## HQ EJSU WELFARE TEAM &amp; PADRE CONTACT DETAILS

Appointment Email address	Name	Office +32 65 44 ext	Mobile	Skype for Business (S4B)
Padre (RAF) Wg Cdr <a href="mailto:Paul.Mellor159@mod.gov.uk">Paul.Mellor159@mod.gov.uk</a>	Paul Mellor	8886	+32 (0) 470 66 45 82	<b>+44 300 162 6778</b>
Padre (Army) Maj <a href="mailto:Nia.Williams264@mod.gov.uk">Nia.Williams264@mod.gov.uk</a>	Nia Williams	8889	+32 (0) 473 62 96 33	<b>+44 300 162 7331</b>
European Welfare Officer (EWO) <a href="mailto:Christopher.Jones252@mod.gov.uk">Christopher.Jones252@mod.gov.uk</a>	Chris Jones	8082	+32 (0) 478 97 02 80	<b>+44 300 160 1707</b>
Deputy EWO	In post 28 June 21	5234	+32 (0) 478 66 29 15	<b>TBC</b>
Notifying Authority / Cas Comp <a href="mailto:Rachael.Lewis379@mod.gov.uk">Rachael.Lewis379@mod.gov.uk</a>	Rachael Lewis	7316	N/A	<b>+44 300 161 2280</b>
Safeguarding Assurance Manager <a href="mailto:Lesley.Mutch473@mod.gov.uk">Lesley.Mutch473@mod.gov.uk</a>	Lesley Mutch	6733	N/A	<b>+44 300 163 3727</b>
Youth & Community Worker <a href="mailto:Deborah.Fallaha611@mod.gov.uk">Deborah.Fallaha611@mod.gov.uk</a>	Deborah Fallaha	5838	N/A	<b>+44 300 156 6067</b>
Welfare Coordinator <a href="mailto:Jackie.Wigglesworth101@mod.gov.uk">Jackie.Wigglesworth101@mod.gov.uk</a>	Jackie Wigglesworth	6733	N/A	<b>+44 300 169 2668</b>



### **LOSS AND BEREAVEMENT AWARENESS WEBINAR**

We all come into contact with bereaved people during the course of our working lives, be it clients, customers colleagues or family. In these circumstances, even the most confident person can find it hard to know what to say.

Cruse Bereavement Care is the leading national charity for bereaved people in England, Wales and Northern Ireland. They offer support, advice and information to children, young people and adults when someone dies and work to enhance society's care of bereaved people.

Due to the recognised and invaluable support which Cruse has provided supporting bereaved families, especially children and young people in military families, Cruse are delivering Loss and Bereavement Awareness Webinars Fri 25 June and Fri 15 Oct 2021 to the EJSU personnel. The webinars will commence at 09:30 hrs CET and will last approximately 2.5 hours. They are open to Mil personnel, spouses and dependants.

Space is limited to 15 delegates per course therefore to ensure maximum benefit is achieved, priority will be given to those who are in employment so that they can use their learning in the workplace as well as at home. This training is not just 'a nice to have', it is emotionally challenging, thought provoking and designed to enable people to support those in their time of need. Interested? Then please call the Welfare Team on +32 65 44 52 34 (SHAPE ext 5234) or email: the Welfare coordinator, Mrs Jackie Wigglesworth [Jackie.Wigglesworth101@mod.gov.uk](mailto:Jackie.Wigglesworth101@mod.gov.uk)

**Course Instructor:**  
**David Snelders**  
**Cruse Bereavement Care**

**Fri 25 June 21**  
**09:30 hrs (CET)**

**Course co-ordinator:**  
**Jackie Wigglesworth.** Email:  
[Jackie.Wigglesworth101@mod.gov.uk](mailto:Jackie.Wigglesworth101@mod.gov.uk)

**2.5 hours Webinar**  
**delivered over Zoom**