



European
Joint
Support Unit

Activities

Rostock





LOCAL AREA INFORMATION

Leaflets & Guides

There are a number of tourist information centres in the region. They offer leaflets and information in English.

<https://www.rostock.de/urlaub/touristinfo.htm>

Eating Out

Experience culinary diversity at a restaurant in Rostock or Warnemünde. Whether you want to enjoy a rustic atmosphere in a hop cellar or indulge in Italian food, the Hanseatic City has a suitable location for every taste. You can even enjoy freshly-caught fish in the local restaurants. Whether it's a student bar or a posh restaurant, Rostock and Warnemünde have the ideal destination for every taste and budget.

Cinema

<https://www.cinestar.de/kino-rostock>

Check website for English language films.

There is an arthouse cinema in Rostock, [Lichtspieltheater Wundervoll](https://www.liwu.de/). LI, WU. They show movies from Europe and the rest of the world, which often don't find their way into the larger cinemas. You can also watch a variety of English movies there.

<https://www.liwu.de/>

Swimming and Sauna

<https://hcc-rostock.de/> Offer a wealth of activities for the family including, mini golf, laser tag, bowling and a wellness centre. More information can be found on the website.

Supermarkets

Supermarkets in the Rostock area range in price as in the UK. Lidl and Aldi are the ones you may recognize. But why not try Edeka, Netto, Kaufland and Rewe to name a few.

Theme parks and Tier Parks

4,500 animals in 450 different species from all over the world live at the Rostock Zoo in near-natural habitats which are surrounded by a unique park landscape. Founded in 1899, the zoo looks back on a long history and has evolved from a former Wildlife and Dendrological Garden to become the present-day largest zoo on the German Baltic Sea coast.

<https://www.zoo-rostock.de/en/>

There is a total of 16 animal parks in Mecklenburg-Western Pomerania, plenty to visit.



Quiet days

Germans take their days off quite seriously and one example of this is the law that assures no unnecessary noise is made on Sundays and public holidays. It is recommended that you don't wash your car, cut the grass, make repairs or even hang up laundry. Most Germans still regard Sunday as a day of rest and with that all shops are closed except perhaps a bakery or two for Sunday Frühstück (breakfast). Quiet hours are stipulated as between 2200-0700 every day and all day on a Sunday.

Public Holidays

As a predominantly Catholic country Germany observes various holidays throughout the year. In Mecklenburg-Vorpommern there are 10 days set aside as public holidays, 1 of which always fall on a Thursday. This then enables a 4-day weekend with the Friday known as a Bridging Day (Brückentag) It is worth noting that different regions in Germany may have different public holidays

Recycling

SR Service GmbH are the dedicated refuse disposal organization in your area. All glass bottles, recyclable items and paper waste are to be separated, dustbins and crates are provided for refuse disposal as follows:

Brown bin: Garden waste and vegetable peelings

Blue bin: Paper and cardboard

Yellow bin: plastic, tins and Tetra Pak– washed out

Black bin: Domestic waste bin

Glass container: glass bottles and jars must be separated by colour.

'Schadstoffe' e.g old batteries, electrical items, medication, oil and other chemicals are not to be disposed with your normal waste.

Bin collection calendar is available online: <https://www.stadtentsorgung-rostock.de/>

Pfand system

The Pfand system in Germany means that consumers pay a deposit on glass and plastic bottles Don't throw away your empty bottles if they have the signal of "Pfandflasche" which means bottle deposit. This sign means that you paid an amount in advance, which is usually 25 cents per drink, which you can get back in every supermarket through a machine.



TAX FREE INFORMATION

Tax Free Shopping

The full document on how to claim tax free goods is available from the NSE.

Tax Free Vehicles

Each entitled person is permitted to register only one new tax-free vehicle within any one-year period. In addition to one tax-free vehicle, one tax-free motorcycle/quad bike, moped or bicycle with auxiliary motor, may be registered within any one-year period.

Companies who offer tax free car sales include:

www.forcescarsdirect.com

www.emctaxfree.com

www.griffintaxfree.com

Postal Services

Mail from the UK is received through the British Forces Post Office (BFPO). The BFPO system can be slow.

Standard address format:

Service number, Rank, Name

Unit and Subunit

Box Number 2012

BFPO 105

www.deutschepost.de

Deutsche Post offer a counter service, an efficient way of sending mail.