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# **Girlguiding S.H.A.P.E District** (Benelux and France) British Girlguiding Overseas is part of UK Girlguiding.

## **Situated in the community of SHAPE HQ at Mons, Wallonia Belgium.**

## **With 30 NATO member nations and additional partner and military cooperation nations represented at SHAPE, we truly are a diverse community.**

## **Girlguiding S.H.A.P.E District comprises of three units.**

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**1st S.H.A.P.E Rainbows 1st S.H.A.P.E Brownies 1st S.H.A.P.E Guides**

# **S.H.A.P.E Girlguiding District Unit Details**

# **Rainbows (5 - 7)**

**1st S.H.A.P.E Rainbows** learn by doing – they get their hands dirty, do sports, arts and crafts and play games. Being a Rainbow is all about having the space to try new things. Through taking part in a range of different activities with girls their own age, Rainbows develop self-confidence and make lots of new friends,

Meet every **Tuesday (excluding school holidays) from 15:30-17:00pm**

**Email:** [**GirlguidingShape@outlook.com**](mailto:GirlguidingShape@outlook.com)

## **Brownies (7 - 10)**

**1st S.H.A.P.E Brownies** have incredible experiences together, make brilliant friends and discover the world around them. Every time they meet up, groups of Brownies learn new skills and take on challenges as they work out what they want to be and do in the future.

Meet every **Wednesday (excluding school holidays) from 15:00-17:00pm**

**Email:** [**SHAPEbrowniesno1@outlook.com**](mailto:SHAPEbrowniesno1@outlook.com)

## **Guides (10 – 14)**

**1st S.H.A.P.E Guides** create their own campaigns, from learning and sharing new skills. With our Guides, experience going on camps, holidays and trips and enjoying exciting British Girlguiding Overseas events

Meet every **Monday night (excluding school holidays) from 18:00pm -19:30pm**

**Email:** [**Shapeguides@outlook.com**](mailto:Shapeguides@outlook.com)

**Contact District Commissioner** – [GirlguidingShape@outlook.com](mailto:GirlguidingShape@outlook.com)

**Rainbows**– [GirlguidingShape@outlook.com](mailto:GirlguidingShape@outlook.com)

**Brownies** – [SHAPEbrowniesno1@outlook.com](mailto:SHAPEbrowniesno1@outlook.com)

**Guides** – [shapeguides@outlook.com](mailto:shapeguides@outlook.com)



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**Girlguiding Shape DC**



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**1st SHAPE Rainbows@SHAPEDistrictGG**



**1stshaperainbows and Shape\_girlguides**

Map

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