



The Poggio Post

UK Community Newsletter July 2022
EJSU – supporting service personnel and their families.
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Thank You!

Welcome to my first newsletter for July. Thank you all for your patience whilst I am still in my learning process. Your patience is greatly appreciated. I will be adapting the newsletter in the future, but just wanted to get one out to you before July arrives. I will also be revising the use of the CLO Face Book page to keep you updated on useful information, so please keep an eye on the Face Book page. It may contain something relevant or of interest to you! I will continue to adapt the newsletter with more important information. Have a lovely July everyone!

Coffee morning

We continue with our coffee mornings on Tuesdays 10:00-12:00. Please stop by for a coffee and a chat. It would be nice to see you. I know Summer is a busy time so anytime you're in-town call in.

New arrivals

I would like to have a coffee meet and greet at Pappare' Ferrara. Via S. Romano 14 on Tuesday 12th July 10:00 to welcome our new arrival Sarah Saunders. She will be arriving with her husband Craig on 4th July. I'm sure we will give them a warm welcome into our community.

Children's library/book club

We introduced our first library/book club last Tuesday 21st. It went very well and am sure the children will benefit immensely with this now available for them, thanks to Rachel and Steph. Library runs fortnightly, our next one will be on 5th July 09:30-10:30. Come and join us!

Italy in July

July is a busy period on Italy's cultural calendar, with interesting and well-loved festivals all over the country taking place. You will find lots of outdoor music festivals.

Festa del Redentore or Festival of the Redeemer. On the third Sunday in July, one of Venice's biggest festivals takes place. It marks the end of a big plague epidemic in 1576. During the festival a temporary footbridge from the mainland to Redentore church is created from a connected flotilla of boats. The festival ends with a big firework display.

L'Ardia di San Costantino. This horse race takes place around the Sanctuary of San Costantino in the central Sardinian town of Sedilo on 5th-7th. The race takes place twice, in the evening and then again, the following morning after most of the riders have been up drinking all night!

Giostra della Quintana. This colorful jousting match is held in the Umbrian town of Foligno mid-June or early July, and mid-September. More than 600 participants compete wearing traditional 17th-century clothing. A corteo storico, or historic parade takes place the day before the jousting match.

For more festivals in July and lots more travel information visit: [TripSavvy - Vacation Like a Pro](#)

Rachel Jackson has waited an age for me to add this to a newsletter, so THANK YOU for being so patient!

The NATO Parent, baby & pre-schooler Playgroup would like to express a huge THANK YOU to the FCUK committee, for their generous 50-euro donation.

The playgroup, which has been running for 12 months and is regularly attended by 10+ children plus parents, is organised on a volunteer basis and funded completely by the parents, so the donation was gladly received.

The children got creative with some brand-new paints, crayons, chalks and other various crafts. In addition, the donation also partly funded a very exciting Easter themed party and a trip to a local farm, which was thoroughly enjoyed, and provided an excellent sensory, social and development experience for the smallest members of the community.

(Parents' permission obtained to use the photos above).

Playgroup is currently on Thursday mornings in Parchetto dei Cedri - Volunteers/new families always welcome. Contact Rachel Jackson for info.



Local upcoming events!



Saturday 2nd July. "Agri Pic Nic"

Rustic Style Picnic dinner. Sounds like a beautiful setting in traditional picnic style, starting at 8pm as the sun begins to go down. With music, straw bales, fairy lights.

The La Florida farmhouse is located Bondeno in via Burana 103

Cost: 29 euros

[Agri Pic-Nic – fashion event](#)



Lots of live music from 25 June- 24 July, view full programme @ [LadyBurgerFest](#)
Parco Hotel Villa Regina
Via Comacchio 402

Large parking in front at the main entrance on Via Comacchio.



Lots of music dates. Piazza Ariostea
For tickets and information
visit: [TicketOne](https://www.ticketone.it)

[Summervibez \(Not accessible via MODNet\)](#)

A poster for 'NIGHT & BLUES 2022' held at Via Mortara, 98 - Ferrara. It lists a series of music performances from July 13th to 24th. The poster has a green and yellow color scheme with a large 'N&B 2022' logo on the right. Logos for 'AVIS Comune Ferrara' and 'Città di Ferrara' are at the top.

NIGHT & BLUES 2022
VIA MORTARA, 98 - FERRARA

13 LUGLIO - ROBERTA RIGHI SURPRISE BAND
celebrando 20anni di Night&Blues

14 LUGLIO - TRIO BARBIERI-PARETI-SIGNORELLI
"Silence" - serata Jazz & Blues

15 LUGLIO - CISALPIPER Musica Folk & Celtica
dall'Emilia all'Irlanda e ritorno

16 LUGLIO - UNFORGETTABLE FIRE U2 - Tribute Band

17 LUGLIO - ROBERTO FORMIGNANI & FRIENDS
ricordando Paolo "Uncle Paul" Bertelli

18 LUGLIO - AFTER THE GOLD RUSH
suggestive atmosfere Country Rock & Folk '70

19 LUGLIO - 17RE - Liftiba Tribute Band

20 LUGLIO - LE SCAT NOIR - Trio Vocal Jazz

21 LUGLIO - L'IMPRESA ECCEZIONALE
Lucio Dalla Tribute Band

22 LUGLIO - QUEEN VISION - Queen Tribute Band

23 LUGLIO - THE MENLOVE - The Beatles Tribute Band

24 LUGLIO - DIRE STRAITS OVER GOLD
Dire Straits Tribute Band

www.rionesantospirito.it | rionesantospirito | 366-9849021
Rione Santo Spirito - Ferrara

APERTURA CANCELLO E CUCINE ORE 20:00 - INIZIO CONCERTI ORE 21:30



"Walking under the Moon"

All proceeds from this event will go to a charity supporting children with cancer and their families. 13th July, 21:30 cost: 12 euros

For more info visit: [Camminata sotto la Luna 2022 – fashion event](#)

Recipe for July Kombucha

Recently introduced to this amazing drink, I thought I'd share it with you. Known for its health benefits. Give it a go, its delicious. I add a lemon and ginger syrup to mine. Lots of other recipe options too!

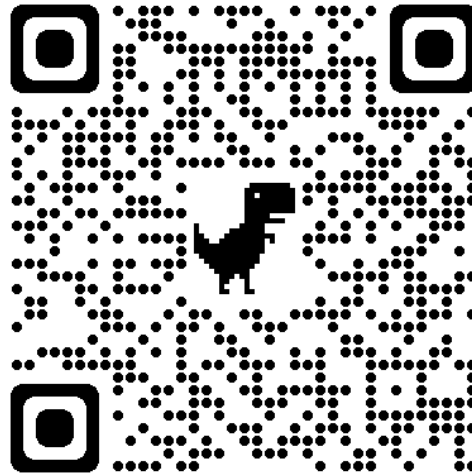


EQUIPMENT
<ul style="list-style-type: none"> • boiling pot • glass fermenter with a cloth tied around it
INGREDIENTS
<ul style="list-style-type: none"> • 1 liter water • 60 gm white sugar • 3-4 gm of green tea • 1 bug ginger or fruit juice as per taste
INSTRUCTIONS
<ol style="list-style-type: none"> 1. Take 1-liter water, add 60gm of white sugar and boil for a couple of minutes. 2. After removing it from the flame, add about 2-4gm of green tea leaves and allow it to steep for 15-20 minutes. 3. When the temperature of the tea falls to below 30°C, then pour it in a sanitized wide mouth glass container. 4. Add the SCOBY and some mother liquid (a portion of tea from the previous batch), cover it with a muslin cloth and wait for a week. 5. You can drink it fresh, or bottle in an airtight bottle to get carbonation. 6. (Optional) Adding some fruit juice or spices in the glass bottle (secondary fermentation) can help infuse some interesting flavors. If ginger or fruits are added, 2-3 additional days in secondary is advised.

Community Support

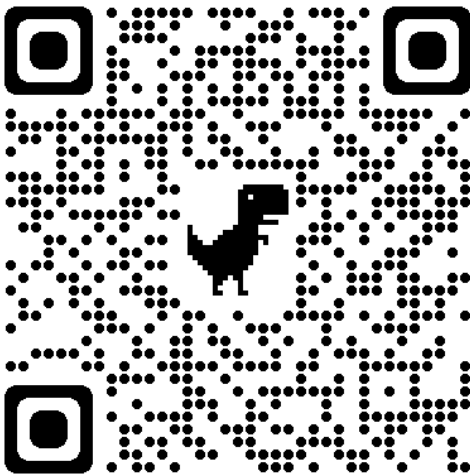
I'm sure many of you will agree knowing what support you have available is very important. I am working on raising awareness to you all as to what support is available whilst being posted overseas. It is still a work in progress.

Below is a QR code I've created where EJSU net is right there for you. EJSU net has a mountain of information of what is available for you. Please scan and have a look. I'm sure there will be something there you didn't know. There is also a Poggio section (needs updating, but I'm working on that too)!



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If you scan this QR code it will take you straight to BRITISH FORCES SOCIAL WORK SERVICE.
Padre David Norfield is the padre to Ferrara another amazing source of information.



It's good to talk. Living overseas can be daunting and as well as the opportunities it offers; it can also create doubts, dilemmas and distress.

It can be a time when what we think about things: ourselves; our lives; our families; what really matters; may be at the forefront of our minds.

You may be trying to hold everything together and might welcome the chance to chat with someone who doesn't keep records or make notes. We all need help at some time or another. ***It's good to talk.***

Whatever your circumstances and beliefs, and whether you are Army, Navy or RAF, a Civil Servant or a dependent - **Chaplaincy is here for you... in confidence.**

Just get in contact and we can arrange to chat.

There are 2 UK Chaplains based here in Mons:



Padre David Norfield

E: david.norfield100@mod.gov.uk
T: +32 473 62 96 33

Padre Nia Williams

E: nia.williams264@mod.gov.uk
T: +32 473 62 96 33





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JCCC

Virtual Contact Card

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If your family needs to contact the Joint Casualty and Compassionate Centre (JCCC), all they need is the 24/7 phone number and your Service Number.

The new JCCC Virtual Contact Card makes this easy. Simply download and share via smartphones.



SCAN

Scan the QR code on your smartphone



SAVE

Save the JCCC Virtual Contact Card to your contacts



SHARE

Personalise with your Service Number and share with your family

Scan the QR code to download



Any questions? Contact DBS-JCCCGrouppMailbox@mod.gov.uk



Welcome to the CCC Helpdesk



Defence
Infrastructure
Organisation

The CCC (Customer Contact Centre) is 24/7 365 days a year service that started in 2007. It was created to provide a professional, fully mobilised contact centre service that provides excellence as standard. We have a range of clients including UK schools, European military bases, and Global businesses including Airports and Fleet Management solutions, so we have a diverse mix of clients and are fully versed on all aspects of defence activity.

Ways to contact

Phone - 800940008 Free from Italian mobile Or +44 1454 806957 from UK mobile

Email - BSSlhelp@babcockinternational.com

Web Portal - BSSGhelp.babcock.uk

Feedback Email – BSSI-customerfeedback@babcockinternational.com

Information needed from you

The 5 W's - Who, Where, What/Why and When

Who are you? - Name and best contact number

Where are you? - Villa number/Parco name for us to find where you are situated

What/Why is the issue? - Check for the fault issue, i.e. if a light is out is it the switch that's faulty or is it the bulb itself?

When? - The local team in Italy will call to arrange an appointment at your convenience once the job is raised

Job Categorisation

The Helpdesk agents log all requests with a category, depending on the urgency of the issue. These categories are as follows:

Emergency - Where there is imminent danger to health, life or building Babcock will attend to make safe. One hour's response time.

Urgent - Where work needs to be completed swiftly to prevent further damage to property or put right a controllable health risk. Five working days maximum rectification time.

Routine - Where work is necessary to prevent further damage and restore normal working order. Twenty working days maximum rectification time.

Job Tracking

If you wish to track progress of the work reported please contact the Help Desk via email providing the reference number given to you during the log in process. An operator will be in touch with you to give you all the information you've requested.

Babcock CCC Support Team Manager: Ottis David – Ottis.David@babcockinternational.com
Head of Customer Contact: Dermot Hayden – Dermot.Hayden@babcockinternational.com



The British community is looking for volunteers to join the EJSU Registered Activities Group, Poggio. You will get the opportunity to learn transferable skills, obtain safeguarding training, acquire an up to date DBS check and most importantly bring the community together for Guaranteed Fun! Contact the CLO to express interest or learn more!