



The Poggio Post

UK Community Newsletter August 2022
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Welcome August!

August is the last month of Summer in the northern half of the world. It is named after the first Roman emperor, Augustus



Caesar. August's birth flowers are the poppy which symbolizes eternal sleep, oblivion and imagination. And the gladiolus which symbolizes strength of character, sincerity and generosity. Birthstones for August are Peridot, spinel and sardonyx. August is also known for many things, including the end of the Dog Days of Summer (August 11th) began on July 3rd, National Watermelon Day (August 3rd) and National Smile Week (August 5th-11th).

Coffee Mornings

Coffee mornings continues to run every Tuesday 10:00-12:00

Location tbc prior due to potential no availability of NSE. Please drop in for coffee and chat. Be lovely to see you!

New Arrivals

Towards the end of August, we will be welcoming Sqn Ldr Andy Sturt, wife Shaan, children Violet aged 6 and Angus aged 4.

We also welcome Flt Lt's Jordene Spink and Mark Roberts.

SAC Karanpal Singh.

Meet and greet will be arranged nearer the time.

Children's library/book club

Library will continue to run fortnightly. Next one being 2/08. But I must stress for this to run 2 volunteers are needed. As it is a registered group with EJSU. So please get involved. Thank you to Steph for the dedication towards this group. Help is needed! It is such a lovely outlet for the children to access.

Please support your community by becoming a volunteer.
I can help you with the process, groups cannot work without you!



Italy in August.

August is indeed the traditional time that most Italians and southern Europeans go on their summer holiday, due to the extreme heat in this month. Most head for the beaches and mountains. Many small businesses close for the entire month. Apparently, this tradition goes way back to the days of Caesar Augustus in 27 BC. Legend has it that he wanted to combine several festivals into the month of August so he could give laborers an extended time off to rest and recover. The concept continued during the Christian period after the Roman Empire with the Church declaring August 15th as the date of the Assumption of the Blessed Virgin Mary into heaven – known in Italy as the Ferragosto. As it was also the hottest time of the year, people would take a few days prior to and after for a getaway. Today, August 15th is still a national holiday in Italy and many establishments close on this day!

What food is eaten during Ferragosto?

The cuisine of Ferragosto reflects the simplicity of summer cuisine in Italy. Dishes are generally quite fresh, with carpaccio, seafood, fresh produce and small plates of olives and cured meats and cheeses. Chicken with peppers is a popular lunch for Ferragosto, as well as a focus on vegetables as this is the month of harvesting.

Carpaccio dish – is a dish of meat or fish, thinly sliced or pounded thin, and served raw, typically as an appetizer. It was invented in 1963 by Giuseppe Cipriani from Harry's Bar in Venice, Italy and popularized during the second half of the twentieth century.



Beef carpaccio recipe:

Made with beef fillet, arugula, parmesan, lemon and olive

Ingredients:

400g beef fillet
half juice of a lemon
3 tbsp olive oil
2 large handfuls of arugula/rocket
Parmesan for shaving

If you do decide to try this recipe, please take a photo and I will share it on the CLO FB page, it would be great to see your creations!

Upcoming events for the bar (yet to be named) in August!



5 Aug 22	Closed	Open to suggestions if bar members available
12 Aug 22	Invite an International	
19 Aug 22	Closed	Open to suggestions if bar members available
26 Aug 22	BBQ	

If you have any suggestions for events to run in the bar, please contact Bing!

“Just for fun” days in August!

1st-7th International Clown Week.
3rd National Watermelon Day.
8th National Sneak Some Zucchini Onto Your Neighbours porch Day!
10th National S'mores Day.
12th Vinyl Record Day.
13th International Left- Handers Day.
20th International Geocaching Day.
20th World Honey-Bee Day.
25th Kiss- and- Make -Up day.

What's on in August?



Ferrara Buskers Festival

23rd-28th August

Brought back to the streets of Ferrara this year!

For more info:

www.ferrarabuskers.com



For anyone around Lake Garda

Entertainment for all, music and firework display!



The National Acrobatic Patrol (PAN) of the Italian Air Force was born in 1961 following the decision of the Air Force itself to create a permanent group for the training in the collective aerial acrobatics of its pilots. With 10 planes, 9 of which are in formation and 1 soloist, they are the most numerous aerobatic patrol in the world. Their flight program, including about 20 stunts lasting about half an hour, made them famous and recognised as one of the best acrobatic air patrols internationally, performing stunts all year round.

Where: Lido Scacchi – Pomposa at Bagno Sagano

For more **WHAT'S ON**, keep checking the **CLO FB page** as it's always being updated.

August history facts

1st 1944 – Anne Frank penned her last entry into her diary. “Keep on trying to find a way of becoming what I would like to be, and what I could be, if... there weren't any other people living in the world”. Three days later, Anne and her family were arrested and sent to Nazi concentration camps. Anne died at Bergen-Belsen concentration camp on March 15, 1945, at age 15.

2nd 1939 – Albert Einstein wrote a letter to President Franklin D. Roosevelt concerning the possibility of atomic weapons. “A single bomb of this type carried by boat and exploded in a port, might very well destroy the whole port together with some of the surrounding territory”. Six years later, on August 6th 1945, the first Atomic Bomb, developed by the U.S., was dropped on the Japanese port of Hiroshima.

3rd 1492 – Christopher Columbus set sail from Palos, Spain, with 3 ships, Nina, Pinta and Santa Maria. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.

5th 1861 – President Abraham Lincoln signed into law the first Federal income tax, a 3% tax on incomes over \$800, as an emergency wartime measure during the Civil War. However, the tax was never actually put into effect.

9th 1974 – The second Atomic bombing of Japan occurred as an American B-29 bomber headed for the city of Kokura, but because of poor visibility then choose a secondary target, Nagasaki. About noon, the bomb detonated killing an estimated 70,000 people and destroying half the city.

13th 1961 – The Berlin Wall came into existence after the East German government closed the border between East and West.

16th 1896 – Gold was discovered in Rabbit Creek, a tributary of the Klondike River in Alaska, resulting in the Great Klondike Gold Rush.

Think that's enough history for now!! Phew!

Children's fun!



DID YOU KNOW?

1. Snakes can't blink.
2. Slugs have 4 noses.
3. If you tried to stand on a cloud you would fall through it.
4. Elephants are the only mammal that can't jump.
5. All babies are born with blue eyes.
6. There are more stars in the sky than grains of sand on the beach.
7. Number four is the only number with the same amount of letters.
8. 32 muscles in each ear.
9. A group of frogs is called an army.
10. It snows metal on venus.



1. What do caterpillars turn into?
2. What type of fish is Nemo?
3. Where is the Great Pyramid of Giza?
4. Which is the fastest land animal?
5. What is the name of Harry Potter's pet owl?
6. What is the largest mammal in the world?
7. How many planets are in the solar system?
8. Whose nose grew longer every time he lied?
9. What is the color of an emerald?
10. How many legs does a spider have?

Answers to quiz

1. Butterflies
2. Clownfish
3. Egypt
4. Cheetah
5. Hedwig
6. The Antarctic blue whale
7. Eight
8. Pinocchio
9. Green
10. Eight

Useful Links, please take a look. They offer so much amazing support!

EJSU



If anyone would like to add anything to the newsletter, news, birthdays, photos, events etc. Please mail me and I can add them to next month's newsletter to