



EJSU TORREJON COMMUNITY NEWSLETTER



SUPPORTING BRITISH PERSONNEL, EJSU STAFF AND THEIR FAMILIES

EJSU Madrid, CAOC Torrejon, BFPO 56

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CLO INTRODUCTION

September saw the end of an era, and I know everyone was shocked with the death of our beloved Queen. It was lovely to see people pulling together and helping with the Book of Condolence and church service. You should be proud to have been part of history!



On a happier note, I'd like to give a huge shout out to the newly promoted WO Arnie Schweikhardt, and WO Stu Partington -Felicidades to you both!

Shell

CLO Working Hours

Tuesday: 0930 - 1430

Wednesday & Thursday: 0930-1500

USEFUL NUMBERS

Head of Location (HOL) – FS Toni Moya	672883624 919 073 164
JNCO NSE – Cpl Mark Solomons	919 073 163
Community Liaison Officer (CLO) – Michelle Robinson	919 073 162
Host Nation Liaison Officer (HNLO) – Cristina Atienza	919 073 162 644 652 346
DIO Estates Manager – Lucia Lumbreras	919 073 162 681 045 359
EJSU Area Welfare Officer – Chris Jones (Available 24/7)	+32 478 970 280
Healix - Health line	+44 208 481 7800
Emergency Services	112
Dr Mihic's Secretary Elena	uppp@mail.hmhospiatales.com
International Dept for Dr Mihic	intl.sanchinarro@mail.hmhospiatales.com

If dialing from a UK number, remember to prefix with +34 unless otherwise stated.

[Madrid British Community](#)



COMMUNITY ACTIVITIES

Coffee Morning

October's coffee morning has been replaced with a day out, so our next one will be Thursday 3rd November. You will be able to book a one on one appointment with Padre Norfield for a welfare chat. More details to come!

**Changing of the Guard**

Halloween

Please RSVP to GERALYN on susan.brooks@eu.navy.mil directly by 18 October if you would like to attend!



DO YOU KNOW ABOUT EJSU NET?

THE WEBSITE IS THERE TO SUPPORT SERVICE PERSONNEL, CIVILIANS AND THEIR FAMILIES SERVING WITH NATO, THE EU AND ELSEWHERE IN EUROPE AND TURKEY.

THERE YOU WILL FIND AN ABUNDANCE OF INFORMATION RELEVANT TO YOUR POSTING.

[CLICK THIS LINK](#)

GENERAL NOTICES

Feeder App

I've shared this information before, but as we've had so many new families recently, I thought it wouldn't hurt to share again! You can now receive updates from EJSU.NET news stories directly to your mobile device by using RSS Feed apps. Below are simple instructions on how to set up RSS feeds on your device using a mobile app called Feeder. To keep up to date and have the latest information brought direct to your phone as soon as it is uploaded, follow this guide to set up notifications [RSS-FEEDS-GUIDE.pdf](#)



Help for Ukraine

The Ukrainian embassy has launched a campaign to raise funds to buy an armored ambulance. This is a humanitarian project in response to people in Spain asking how they can help. We have been informed that often food and clothes are not the priority now and asked that we do all we can to publicise the ambulance campaign. You can read more and donate on their FB page [La Embajada de... - Embajada de Ucrania en el Reino de España | Facebook](#).

WHAT'S HAPPENING IN MADRID?

Second-hand Flea Market

There will be a second-hand flea market on the 15 October at the German Friedenskirche with lots of baby and kids items, and traditional German cakes and sweets.

Cirque Du Soleil

From 5th November until 8th January 2023, Cirque du soleil will be in Madrid performing Luzia. Luzia is inspired by the people, places, and stories that define Mexico. Take a journey through a dream of Mexico, from the folklore of old to the urban landscape of today. You can buy tickets [here](#).



Madrid Oktoberfest

The WiZink Centre is hosting another edition of Madrid Oktoberfest from 6 to 8 October. Live music, Bavarian food, and beer. Get an individual ticket or a table for 8 friends and enjoy the authentic German beer festival in Madrid. You can buy tickets [here](#).

Bus and Metro Price Reductions

From 1st September until 31st December, there will be a 50% reduction in the price of 30 day passes, or 30% off 10 trip tickets. Annual passes, single tickets and tourist tickets are excluded from these offers, but they are valid on both personal, and multi-public transport cards.

Pumpkin Picking

An hour's drive outside of Madrid, there's a working farm where you can pick your own pumpkin. La Huerta de Aranjuez will allow visitors to go on 24 and 25 October for a fun filled day of tractor rides, sack racing games, and much more. You can buy tickets [here](#).

Red Bull Soap Box Race

On Sunday 2nd October, amateur soap box racers will be at Parque del Oeste for the Red Bull Gran Prix! The event will last all day, with doors opening at 1100 and the races ending at 1700. A concert will be held right after the trophy ceremony to the winners. There will be a bar and food trucks, along with merchandise shops too.



Pottery Classes

@Soulclayspain holds weekly pottery classes for 25 euros (plus firing charges). Dolores teaches hand building techniques (no wheel) to adults and children aged 10+, with a totally personalised approach. Classes are 2 hours long and can be attended weekly or on an ad hoc basis. 2 classes minimum are required, to build, and then paint your masterpiece. Pottery is a creative, social, and therapeutic activity that requires no prior experience – as a few of us can vouch for, just look at our creations ready to be fired!



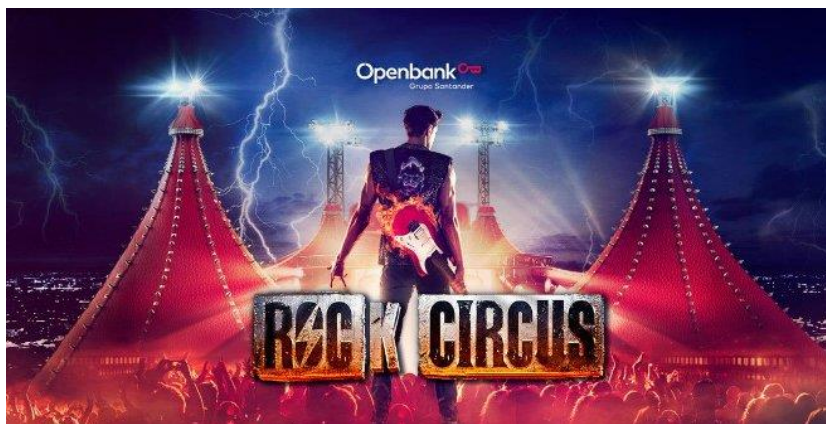
Botanical Garden Light Show Presale

Tickets to the Botanical Garden Light Show sold out so quickly last year, but they have just gone up for presale. You can visit from 14 Nov to 15 Jan 2023. If it's on your bucket list, I recommend you snatch some up [here](#).



Rock Circus

IFEMA MADRID is hosting a unique show that combines rock, circus, visual arts, theatre, and dance from Friday to Sunday between 6 October and 1 November. It is a new entertainment format that offers the most extreme circus acts whilst travelling through the history of rock. The show will be performed by a total of 50 performers, including jugglers, acrobats, trapeze artists, etc. and ten dancers. They will be joined by a rock and roll band with 18 musicians, who will perform a repertoire of 40 songs by iconic groups like Kiss, Metallica, Iron Maiden, Guns N' Roses, AC/DC, Led Zeppelin, The Rolling Stones, Queen or David Bowie.



Paint and Sip Evening

A few spouses went to a Paint & Sip evening a few weeks and really really enjoyed it. Vesta is holding another Halloween inspired event – you can buy tickets [here](#).

Paint and Sip Madrid
 October 15 @ 18hr

*All materials provided
 Unlimited drinks included
 with a donation to charity!*

*Calle Mira el Rio Baja 20bis
 Look for MFR Logo over the door*

MONTHLY RECOMMENDATION

Each month I'd like to recommend a place / activity / restaurant and would love your tried and tested suggestions!

[El Escoces – Comida para llevar](#) – Recommended by Kev O'Malley

Simon 'The Scotsman' is a professionally trained chef who's been in Madrid for over 30 years. He offers homecooked meals to collect or for delivery.

If you do not have time to cook El Escoces offers you the possibility of taking your dishes of the day home or to work!

The menus change weekly and are a mix of lots of different cuisines – but Simon prides himself with his pork pies and English sausages, which you can buy uncooked. You simply text your order through WhatsApp to 649 209 739 between 0800 and 1100 on the day you wish, for collection or delivery between 1200-1300.

Simon also has a regular stall at the Alcobendas Farmers Market on the last Sunday of every month, and you can follow him on FB, just search 'El Escoces Alcobendas' for pictures of the menu available.



COVID-19 INFORMATION

GENERAL MEASURES

The below measures are for the area of Madrid only. Each region of Spain has their own rules, and you can check each area before you travel [here](#).

From 28th March, Spain will be taking steps to deal with Covid-19 in much the same way as it does with flu, so people with no symptoms or only mild ones will no longer have to isolate. There will also be a change to the rules for testing with the focus being on people considered vulnerable (over-60s, immuno-compromised and pregnant women), people in health care and social care environments and serious cases. Apart from these, it will be doctors who decide whether a patient with minor symptoms should take a Covid test, although lateral flow tests will still be available in chemists for those who want them. You can read more [here](#).

From April 20, 2022, it is not mandatory to wear a mask outdoors or indoors, with some exceptions. You must wear a mask;

1. If you are traveling by plane, train, or bus, as well as on all public passenger transport.
2. If you are traveling on ships or boats in case, it is not possible to maintain a distance of 1.5 m, except in cabins, when they are shared by groups of cohabitants.
3. In health centres, services, and establishments such as health care centres, hospitals, or pharmacies/drugstores.
4. In social health care centres, workers, and visitors in shared areas.

TRAVEL RESTRICTIONS

If you are traveling from the **UK to Spain**, you must show valid proof of one of the following:

- being fully vaccinated (with both doses of a two-dose vaccine or one dose of a one-dose vaccine) at least 14 days prior to arrival in Spain (date(s) of vaccination must be specified). See [‘If you’re fully vaccinated’](#).
- a negative COVID-19 test: either a PCR taken within 72 hours prior to departure, or an antigen test taken within 24 hours prior to departure.
- having recovered from COVID-19 in the last 6 months. You can also use a medical certificate or recovery record to prove your COVID-19 status on entry to Spain. See [‘If you’ve had COVID-19 in the past year’](#).

You are no longer required to complete a health control form prior to travel. This applies to both vaccinated and unvaccinated travellers.

Anyone aged 18 and over must show valid proof of being fully vaccinated (with both doses of a two-dose vaccine or one dose of a one-dose vaccine) at least 14 days prior to arrival in Spain (date(s) of vaccination must be specified). See [‘If you’re fully vaccinated’](#). If you are not fully vaccinated but have recovered from COVID-19 in the last 6 months, you can also use a medical certificate or recovery record to prove your COVID-19 status on entry to Spain. See [‘If you’ve had COVID-19 in the past year’](#).

If you aren’t fully vaccinated and can’t prove you had COVID within the last 6 months, please read the [GOV website](#) for exemptions and how to proceed.

From Mon 14th Feb, travellers from the UK aged 12 to 17 can enter Spain by presenting documentation certifying that they have had a negative PCR test within 72 hours prior to arrival in Spain. Antigen tests are not accepted. Alternatively, travellers aged 12 to 17 can still enter Spain with a full vaccination certificate. Spain defines someone as being fully vaccinated if they have had two vaccine doses or one dose of a one-dose vaccine.

Children under the age of 12 years old do not need to:

- complete an online Health Control Form before travel
- show proof of being fully vaccinated on entry to Spain
- take diagnostic tests prior to arrival
- show proof of having recovered from prior COVID-19 infection in the last 6 months

If travelling from **Spain to the UK**, you are no longer required to complete a passenger locator form, take any COVID test before you travel or after you arrive, or quarantine regardless of your vaccination status.

For further information on COVID and travel restrictions see the links below:

<https://www.comunidad.madrid/covid-19>

<https://english.elpais.com/news/society/>

www.ejsu.net/covid-19/travel



SUPPORT/WELFARE

HQ EJSU Welfare Team and Padre Contact Details

Appointment Email Address	Name	Office +32 65 44 ext.	Mobile
Padre (RAF) Wg Cdr david.norfield100@mod.gov.uk	David Norfield	8887	+32 (0) 470 66 45 82
Padre (Army) Maj Nia.williams264@mod.gov.uk	Nia Williams	8889	+32 (0) 473 62 96 33
European Welfare Officer (EWO) Christopher.jones252@mod.gov.uk	Chris Jones	8082	+32 (0) 478 97 02 80
Deputy EWO (DEWO) Annmarie.Mckenzie114@mod.gov.uk	Ann McKenzie	5234	+32 (0) 478 66 29 15
Welfare Notifying Authority /Cas Comp rachael.lewis379@mod.gov.uk	Rachael Lewis	7316	N/A
Safeguarding Assurance Manager lesley.mutch473@mod.gov.uk	Lesley Mutch	6733	N/A
Youth & Community Worker deborah.fallaha611@mod.gov.uk	Debbie Fallaha	5838	N/A
Welfare Coordinator jodie.farr104@mod.gov.uk	Jodie Farr	6733	N/A