

Ramstein Newsletter

Produced by the CLO's

October 2022

Foreword by Wg Cdr Machin

The death of Her Majesty the Queen was an occasion of profound sadness, and a cause for reflection and thanks. The reaction across the United Kingdom and around the world reflected the very deep respect, admiration and affection felt for Her Majesty. As President Macron said, 'To you she was your Queen, to us she was The Queen'. For all of us here in Ramstein, and for most of the nation, she was - in a reign of 70 years - the only Monarch we had known.

And for seventy years, she was our Commander-in-Chief. Her own wartime service and experience in the Auxiliary Transport Service provided much of the values that epitomised her reign: duty, responsibility, courage, determination, and sacrifice. It created an easy and exceptionally deep bond with all who serve and served in the Armed Forces, including her children and her grandchildren. And she was keenly interested in her Royal Air Force and Commonwealth Air Forces, visiting stations and units around the world throughout her reign - with a husband, son and grandson all earning their Wings, her bonds with the Service were highly personal too.

Her Majesty's dedication and steadfastness saw the nation through challenging decades: from the rebuilding and renewal after the collective sacrifice of nation and empire during World War 2 to a United Kingdom and Commonwealth that looks both very different yet still easily recognisable seventy years later. She provided a sure foundation - above politics and fashions - around which to come together, in hard times and in the good. She was, quite simply, a remarkable woman.

As this truly historic month has drawn to a close, the sense of sorrow and of thanks towards Her Majesty the Queen is still keenly felt across our community. Despite the very sad occasion, it was heart-warming to see so many of us gathered to pay our respects to our Commander in Chief in a moment of reflection on the evening before Her funeral. It also showed the true nature of our NATO Alliance, and what the suffering of one member means to our friends. Not only did our community receive an outpouring of condolences and support, but our friends joined us in our reflection and mourning. The strength of NATO rests in its unity and occasions like this show our Alliance in the light that makes us the bastion of freedom in Europe.

God save the King.

Farewell Pip and Claire

A message from Kia Puckering

Sadly, the time has come for us as a community to say goodbye to our SNR Gp Capt Pip Harding, his wife Claire, and their family as they come to the end of their time here in Germany. Since their arrival to Ramstein in August 2020, it is fair to say they have made their mark on all of us. From leading us through the challenges that COVID presented for the majority of his tour, to revealing his identity as a cute little elf during Christmas 2020, I hope I speak on behalf of everyone in saying he has demonstrated himself to us all as a genuinely approachable leader. It is clear to us all he has cared about his people both in the workplace and cared about their families at home.

At HQ AIRCOM, in addition to supporting us all as the SNR, in his role as ACOS CJFAC he has experienced an extremely challenging time, owing to Op ALLIED SOLACE and then the contribution to Ukraine Ops occurring almost consecutively, with minimal pause in the operational tempo. Meanwhile his family has also consistently been at the forefront supporting our community both with his wife Claire, through her roles both at the Community Liaison Office and at the international school, and their eldest son Johnny working at the Brit Shop. His dedication and hard work has been evident, displayed daily through the outputs of the NCS JFAC.

Whilst he has made a notable point of informing everyone he is going to a place he calls 'PACOM', in reality, he is being posted to the Hawaiian Golf Society, which happens to have a US facility conveniently next door, with a small office for his personal belongings (Golf clubs). Before he leaves us for the beaches and Mai Tai's of Hawaii, he will be presented with the NATO Meritorious Service Medal, which Air Cdre Hill previously recommended him for in recognition for his outstanding contribution and dedication to NATO, whilst representing the RAF at HQ AIRCOM. We wish all the best to the Harding family in Hawaii and for the future, and thank you for everything you have done for us within the community.



Dates for the Diary

- 5th October - Community House Coffee Morning
- 7th October - Gp Captain Harding's Leaving Party - Brit Bar
- 8th October - Officer Mess Oktoberfest
- 10th Oct Stay and Play 0930-1100 (Every Monday)
- 19th October - 2nd November - Internation School Half Term
- 21st October - WOSM Oktoberfest
- 24th October - 28th October - St David's October half term
- 28th October - Halloween Party - Brit Bar



Every Monday 0930-1130
Community House

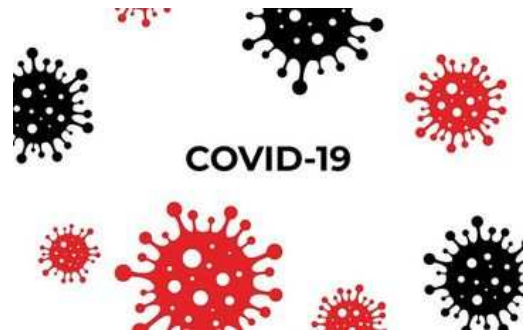


Community Notices

Covid 19 Reporting

If you or a member of your household test positive for covid, please report this via the link in EJSU for each individual who tests positive.

COVID19 REPORTING -
European Joint Support Unit
(ejsu.net)



DIO Emergency Out of Hours Contact Number

0049 (0) 1735383562

EJSU Out of Hours Duty Contact Numbers

EJSU Duty Field Officer:
0032 (0) 479911075

Duty Welfare Officer:
0032 (0) 478970280

JCCC:
0044 (0) 1452519951

GAR Exchange rates 1 October

€1.00 = \$0.99

£1.00 = €1.15

Please Note

SAF Cashier Hours on
13, 17 and 20 Oct :
0900 - 1200



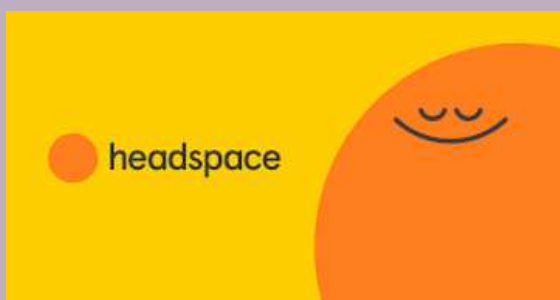


SSAFA Health Visitor
Kerry Riley
UK Medical Centre – CEP.
Tel: 0032 6544 4643
UKStratCom-DMS-DPHC-EJSU-
CEPGrp@mod.gov.uk

Healthy child programme

Chaplaincy Contacts

[Click Here](#)



The British Army have joined the other 2 Services and now offer the Mindfulness App, free of charge. However, it can only be authenticated by use of the service persons armymail.mod.uk email address. The link to assess Headspace is:

[Headspace for Work](#)

WELFARE – Protecting your Grey Matter
Knowing where to go for mental health support and advice can be daunting. Check out [Protecting your Grey Matter Here for more info.](#)



Women's Health –
<https://www.nhs.uk/common-health-questions/womens-health/>

Men's Health –
<https://www.nhs.uk/common-health-questions/mens-health/>

Better Sleep – [NHS Every Mind Matters – Better Sleep](#)

NHS Apps for Health and Wellbeing – <https://www.my-therapy.co.uk/>

Mind – www.mind.org.uk –
[Committed to improving mental health](#)

Monday 10th
October is...

WORLD MENTAL

HEALTH DAY

2022



Mental Health
Foundation





**Ministry
of Defence**

Civilian Housing Options Brief

Regardless of how long you have served, or how long you have left to serve, it is important to understand your housing options.

Date	Start Time	Finish Time	Topic	Delivery
5th October 2022	1400	1530	Housing Options	MS Teams
19th October 2022	1400	1530	Housing Options	MS Teams

Topics covered include:

- Purchasing and Renting
- Affordable home ownership schemes
- Forces Help to Buy
- Social Housing
- Charities

To sign up and register please email:
RC-Pers-JSHAO-HAO-C2@mod.gov.uk

CEP AUTUMN NEWSLETTER

Please take a moment to view our latest [Newsletter](#) containing both useful and important information for service personnel and civilians.

CEP LIVE ONLINE INDUCTION

The CEPs first live online induction will be taking place at **1700hrs CET on Mon 10 Oct** via Zoom – the link to the session is [here](#). This is an opportunity for those new to our population, or who feel they wish to have a better understanding of healthcare support available within CEP areas, to listen to an overview presentation on medical support across Europe and Turkey and participate in a Q&A session with the OC and Practice Manager of the CEP. If successful it will hopefully be the first of regular sessions. Participants are however reminded that this is an overview session and not designed to answer individual patient or location queries.

CEP FACEBOOK PAGE

INSTANT AND DIRECT COMMUNICATION OF NEWS, EVENTS AND HEALTH PROMOTION!
Our Facebook page is live! We are really excited about this new venture as it will enable us to improve the efficiency with which we can communicate any relevant new information and events to our population and increase our ability to communicate key health promotion messages on a regular basis. Please do follow our page and share widely within your communities! [CEP - Facebook](#)

NEW PATIENT FEEDBACK SURVEY BESPOKE DESIGN FOR OUR POPULATION!

We have designed a bespoke patient feedback questionnaire for the CEP. The form is intentionally short to ensure it does not take up much time to complete (we know everyone is very busy!) but allows for as much free text comments at the end should more substantial comments be wished to be submitted. Please do take the time to complete the questionnaire which can be found on [EJSU.net](#) or directly via this link [Patient Feedback Survey](#)

NEW REGISTRATION & DE-REGISTRATION PROCESS QUICKER, SIMPLER & ACCESSIBLE TO ALL!

Registration is now completed (as soon as possible after arrival in country) via a simple electronic form within the CEP area on [EJSU.net](#). The De-registration electronic form is accessed in the same location and should take place in the week of your departure to your next posting. As a registered (albeit virtual and administrative) GP Practice registration means that we are then able to offer you the full range of our available services to complement the care you receive in host nation. More information on registration can be found on [EJSU.net](#) and within our Patient Information Leaflet.

Thank you - please do not hesitate to contact us if you have any questions or queries.

For your information



The NSE have x4 FC Kaiserslautern football tickets available for SP's to sign out. You will be billed 10 euro per ticket to your mess bill.

Contact Shaun O'Brien for reservation.
Shaun.O'BRIEN@ac.nato.int



EJSU.net contains a whole host of information ranging from Healthcare, Welfare, Vehicle information and EJSU.net can be accessed on all devices. However, to access Routine orders will require a DLE login.



Other news

~~Changes to Get you home allowances~~

~~FREE Webinar: Mentoring, Where Leadership Starts~~

SAF STORE

This is a re-distribution to provide you with information on what we have in the sports store and how to book and collect it.

Full list of items [HERE](#)

Equipment booking/Collection:

Some guidelines to follow:

- For your booking, please include the collection and return dates in your request.
- Treat all equipment with respect and report any defects on return.
- Ensure the items are cleaned and returned in good order for the next user.
- Do not hold equipment for longer than booked as others may have it after you.

Procedures for booking:

- Email your request to Philip.Mcelhone714@mod.gov.uk and await booking confirmation.
- On collection, report to the NSE and sign out key bunches 1 & 2.
- Collect kit from Building 2480 opposite the Brit Bar and sign the sign out sheet hung in the store.
- Lock both doors and return the keys to the NSE.



German Lessons



There is a pot of money to fund survival language training in location:

GSO funded Survival Language Trg – 100 EUR each for SP and their spouse (200EUR for a couple) on Host Nation (HN) language lessons. This is funded through GSO J8.

You can use any company you wish.

We have recently spoke to the founder of Stimmwerkstatt, who provide lessons for adults and children in Ramstein. For more info check out the web page

www.stimmwerkstatt.online

REVIEW OF HYBRID AND DISTANCE WORKING

The Office of Tax Simplification are seeking views on hybrid and distance working Review of hybrid and distance working - Call for evidence - GOV.UK (www.gov.uk) in particular any pressures that these working arrangements put on existing tax rules and guidance. Responses to the proposals can be submitted until 11:45pm on 28 October 2022.

The RAF Families Federation (RAFFF) will be submitting a response to the request for evidence. If you are part of the RAF community and would like to share your experience of the impact of hybrid and distance working has had on you with the RAFFF, please email Vaness.Plumley@RAF-ff.org.uk to raise awareness of the issues that matter to you by 10 November 22 to help inform our response.

Trip to Ravenna Gorge and Freiburg im Breisgau Christmas Markets

9-11th Dec 2022

SAF has kindly agreed to 50% funding for up to 2 nights stay and Christmas market tickets. The trip will be self drive to allow maximum flexibility for those wanting to go. Accommodation will be arranged in Freiburg im Breisgau (if Christmas markets aren't your thing, Freiburg itself is a great town to visit)

Hotel to be confirmed dependant on numbers interested in the trip but rooms are likely to be in the region of 130-170 euro per night dependent on occupancy plus the price of tickets to the Ravenna gorge market (TBC when tickets go on sale very soon). SAF have kindly agreed to a 50% subsidy on these prices.

If you are interested in coming along, please could you email Geraldine Beckett at gmburns76@hotmail.com if you would like to by Monday 10th Oct and include how many adults and children and how many nights you would like the reservation to be for.

Christmas market in the Ravenna Gorge (hochschwarzwald.de)

Weihnachtsmarkt in der Ravennaschlucht - Hochschwarzwald
Wenn über einem verschneiten, tausendfach illuminierten Hüttendorf ein prächtiges Steinviadukt in die Höhe ragt, und wenn dort oben durch roten, blauen und grünen Lichternebel ein Zug über die Schlucht rauscht, dann ist das nicht etwa eine Szene aus einem Harry-Potter-Film, sondern himmlisch-zauberhafte Realität: Alljährlich versetzt der Weihnachtsmarkt in der Ravennaschlucht Besucher ...
www.hochschwarzwald.de



Monthly Ramstein Blood Drives

Save US & NATO lives!

SEP 26-27 Bldg. 2116

(ERPS, by Pizza Hut/Subway)

Mon. 9:30 am – 3 pm

Tue. 1 -7 pm *new late day!*

OCT 31-NOV 1 Officer's Club

9:30 am – 3 pm

NOV 28-29 Bldg. 2116

(ERPS, by Pizza Hut/Subway)

Mon. 9:30 am – 3 pm

Tue. 1 -7 pm *new late day!*

Schedule appointments at:

www.militarydonor.com

Sponsor Code: Europe



**ELIGIBILITY
RULES
RELAXED
AUG 2022**



**Open to ALL
US, EU & UK,
(including LN)
w/base access!**

ASBP Europe
314-590-5885 or 06371-9464-5885
facebook.com/ASBPEurope

ASBP 
Armed Services Blood Program

COFFEE MORNING



**COMMUNITY HOUSE, WEDNESDAY 5TH
OCTOBER 0930-1100**

YOU'RE INVITED TO THE

SNR Leaving Party

HOSTED BY THE BRIT BAR RAMSTEIN

Friday 7th Oct • 3PM
The Brit Bar Ramstein

FANCY DRESS - Hawaiian Theme!!

RSVP by 03 Oct
Cpl Kia Puckering
kia-mae.PUCKERING@ac.nato.int



OCTOBER CALENDAR

01 OCTOBER

Ramstein Got Talent Finale • 2000

06 OCTOBER

Table Top Thursday • 1800

07-08 OCTOBER

CLOSED for Columbus Day Weekend

13 OCTOBER

CLOSED for a Private Event

15 OCTOBER

Karaoke • 1900

20 OCTOBER

Table Top Thursday • 1800

21 OCTOBER

Fun Friday: Social Hour • 1600

Trivia Night: Horror Movies • 1930

Night of Frights: Halloween Party • 2100

22 OCTOBER

Bingo • 1930

Latin Night: Día de los Muertos • 2100

27 OCTOBER

Table Top Thursday • 1800

28 OCTOBER

Texas Hold'Em Poker Tournament • 1830

29 OCTOBER

Karaoke • 1900

*All month long - Stop by the libraries to pick-up a
"Fall Leaves" Scavenger Hunt Challenge.
Those who complete the scavenger hunt will get
to pick a prize from the treasure chest!
*Spanish American Heritage celebrations continue
with special Bilingual Storytimes!

October EVENT CALENDAR

— LEGO CLUB —

04 October | Vogelweh at 1530
12, 19 & 26 October | Ramstein at 1530

— WRITER'S CLUB —

04, 11, 18 & 25 October | Ramstein at 1730

— BILINGUAL STORYTIME —

05 & 12 October | Vogelweh at 1030
07 & 14 October | Ramstein at 1030

— STORYTIME —

19 & 26 October | Vogelweh at 1030
06, 13, 20 & 27 October | Ramstein at 1030
Wear your Halloween costumes on the 26 & 27

— POKEMON PALS —

06 October | Vogelweh at 1530

— PUMPKIN PAINTING —

11 October | Ramstein from 1530-1630

— TEEN CRAFT & CHAT —

12, 19 & 26 October | Ramstein at 1730

— PAINT BY NUMBERS —

13 October | Ramstein at 1530

— LUNCH N' LEARN —

19 October | Ramstein at 1200

— MILLENIAL MOVIE NIGHT —

20 October | Ramstein at 1730

— TEEN BOOK CLUB —

25 October | Ramstein at 1600

— BOOK CLUB —

26 October | Vogelweh at 1730

— HALLOWEEN CRAFTERNOON —

27 October | Vogelweh from 1400-1630

FACILITY HOURS

3 & 7 OCTOBER

Both Libraries Open
Limited Holiday Hours 1000-1600

5 & 10 OCTOBER

Both Libraries will
be closed.

Bauernhof Guhl

Unser Angebot an jedem Oktober-Wochenende:

Maislabyrinth

Corn maze



Kürbisfeld & Hofverkauf
Pumpkin patch & farm sale

Hofladen
Farm Store



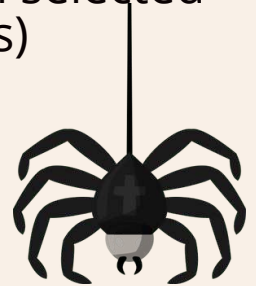
Samstag und Sonntag von 11-17 Uhr
www.bauernhof-guhl.de

Bauernhof Guhl

From October 1st every
Saturday and Sunday
1100 - 1700

Pumpkins for self harvesting
Corn Maze
Visit the animals on the farm
Creative Market

Coffee and cake
Crepes and waffles
French fries
Grilled sausage
Pumpkin soup (on selected
weekends)



Roth Horse Ranch

Halloween Special
29th October 1300 - 2000

Trail and pony rides offered
1300 - 1700
(tickets available for purchase
at the event)

Pumpkin carving

Petting Zoo

Kids disco

Face painting



Costumes are highly
encouraged

Hot food and Gluhwein
available

Free entry for the whole family

Roth Horse Ranch Halloween Party

13-20pm at the Barn
October 29th 2022

Steinbacherberg 32, 66540 Wiebelskirchen

Join us for a magical day full of Halloween
adventures for the whole family!

We will be having different
Vendors, Ponyrides, Themed foods,
pumpkin carving, workshops, game
stations, drinks & so much more

Meet your
Star Wars Heros

Costume Contest



RAMSTEIN OUTDOOR RECREATION

Friday Family Climb Day

Starting 23 September and every Friday till 28 October
1200-1800

Fridays are Family Climbing Day!
Bring the family out to challenge them on the climbing wall here at Outdoor Rec.

The first 50 people are FREE!



RAMSTEIN OUTDOOR RECREATION

Bldg. 3336 (Bottom Floor) KMCC Mall
DSN 480-5705 / CIV 06371-475705
Open daily 1030-1800. Closed Sundays



BASED ON THE AWARD-WINNING BOOK...

POMP SNOW & CIRQUEumstance

A NEW MUSICAL, MAGIC & CIRQUE HOLIDAY SHOW



WORLD TOUR
pompandsnowandcirqueumstance.com

For show and FREE ticket information go to 86FSS.com or visit us on Facebook (RamsteinFSS)

Ramstein Officers' Club

28 OCTOBER • 1900
29 OCTOBER • 1400-1900
30 OCTOBER • 1400

Free event | Family friendly



GOOD TIMES, FRONT AND CENTER



ARMEDFORCESENTERTAINMENT.COM

RAMSTEIN COMMUNITY CENTER



SPOOKY FAMILY BINGO

14 OCT | \$8 PER CARD | 1800
\$1 U-PICK EM'S

Limited Spots Available, Pre-Register to guarantee your spot!
Call us at 06371-47-6600 | 480-6600



21 | What's Hot

MOSA E-Bike Tour

15-16 October
0700-2100
Sign-up by 7 Oct by 1800



\$75 per person

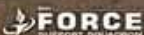
Lodging, Bikes, Lunch and Breakfast included!



Join us for an E-bike tour of the Netherlands countryside!

Our trip will start in South Limburg where we will ride on and off road through old castles, hamlets and farmsteads. Then ride to lodging for dinner and time to relax.

After breakfast we will hit the trails again before finishing back at the van.



RAMSTEIN OUTDOOR RECREATION

Bldg. 3336 (Bottom Floor) KMCC Mall DSN 480-5705 / CIV 06371-475705

RAMSTEIN COMMUNITY CENTER

VOICE LESSONS

\$22 FOR 30 MINUTES
\$44 FOR 1 HOUR LESSON

BUILDING 412

DSN: 480-6600 CIV: 06371-47-6600

FORCE
SUPPORT SQUADRON



ALPHA WARRIOR INTERVAL CLASS

EVERY TUESDAY & THURSDAY
1100 - 1200

PROVE IT.

ALPHA WARRIOR
AIR FORCE

COME OUT & TEST YOUR STRENGTH AND ENDURANCE
IN THIS HIGH INTENSITY CIRCUIT STYLE WORKOUT.

THE CLASS INCORPORATES FUNCTIONAL MOVEMENTS ON THE ALPHA WARRIOR RIG WITH
ADDITIONAL FITNESS EQUIPMENT TO IMPROVE YOUR PHYSICAL FITNESS LEVEL.

MODIFICATIONS WILL BE PROVIDED SO ALL FITNESS LEVELS ARE ENCOURAGED!

*SQUADRON PT SESSIONS AVAILABLE UPON REQUEST.

FORCE
SUPPORT SQUADRON

NORTHSIDE FITNESS CENTER
DSN: 480-8085
COM: 06371-47-8085

Fitnes & Sports

RAMSTEIN LIBRARY PRESENTS

WRITERS' CLUB

1ST TUESDAY OF EVERY MONTH

1700-1800

RAMSTEIN LIBRARY BLDG 409

DSN: 480-6667 • CIV: 06371-47-6667

FORCE
SUPPORT SQUADRON



FORCE

RAMSTEIN AND VOGELWEH LIBRARIES PRESENTS



Weekly Story Time

JOIN US!



Spaces limited to the first 40 participants

**Vogelweh Library Every Wednesday
Ramstein Library Every Thursday
STARTS AT 1030**

RAMSTEIN LIBRARY BLDG 409
DSN: 480-6667 CIV: 06371-47-6667

VOGELWEH LIBRARY BLDG 2059
DSN: 489-7665 CIV: 06371-36-7665

WINGMAN WEDNESDAY

RAMSTEIN OUTDOOR RECREATION

Come challenge yourselves
on our new climbing wall!

All active duty \$8.00

Socialize with other
climbers, learn to
climb, and belay.

FREE to the first 20 active duty personnel,
every Wednesday in October and November.

Wednesdays 1500-2000

RAMSTEIN OUTDOOR RECREATION

Bldg. 3336 (Bottom Floor) KMCC Mall
DSN 480-5705 / CIV 06371-475705
Starting 1 May, open daily 1030-1800. Closed Sundays



FORCE

RAMSTEIN LIBRARY

CRAFT -n- CHAT

Join us every Wednesday for an evening
of crafting and conversation. Each week
we'll show you how to design your own
one of a kind creations!

STARTS AT 1730

TEENS ONLY

must be 13+ to attend

* No experience is required | Supplies will be provided



Bldg. 409, Jefferson Ave.
06371-47-6667
480-6667

FORCE

Tyr- Dwarf Bird Warrior



E-Club

18+

Table Top Thursdays Every Thursday at 1800

BYOBG-Bring Your Own Board Game, or borrow one of ours (small deposit may apply)
Come out and play the games you know and love, or learn new games you always wanted to
try. Start a new campaign or bring your already existing one!

Drink Specials and Snacks

DSN: 480-3333 CIV: 06371-47-2333

Enlisted Club Bldg 2140

FORCE

FIRST FRIDAY

WINGS LOUNGE



FOOD • FUN • DRINKS

1600 - 2100 | THE FIRST FRIDAY OF EVERY MONTH

Ramstein Club Complex

SOCIAL HOUR



1600
-
1900

ALL RANKS WELCOME

Every Friday @ Wings Lounge

Located inside the Ramstein Officers' Club

CHECK OUT THE
BEER MENU ON

UNTAPPD



📱 @RAMSTEINFSS | 86FSS.COM | #THEFUNSQUADRON

EFMP

Coffee & Chat *social*



Come join us for coffee & donuts every **second Tuesday** of the month.

Don't miss out on a great opportunity to connect and network with other families!

Location: *Military & Family Readiness Center*

Time: *0900-1000*

Open to EFMP Enrolled Families

FOR QUESTIONS, PLEASE CONTACT 06371-47-5100 OR EMAIL US AT 86FSS.EFMP@US.AF.MIL



Ramstein
Bowling Center
presents

2nd Tuesday of the Month

Bowling

Bowl 2 hours for the price of one.
\$2 shoe rental for all.



Ramstein Bowling Center

Bldg. 2139, DSN 480-0725 or CIV 06371-47-0725

www.86fss.com



Ramstein and Vogelweh Bowling Centers



AIRMAN & FAMILY READINESS PRESENTS:

GERMAN CULTURE orientation



EVERY 2ND FRIDAY • 1000 - 1200

IN PERSON • REGISTER BY WEDNESDAY PRIOR TO THE EVENT

A workshop for all newcomers; recently arrived at Ramstein, Germany.

Receive information on German Culture, customs, courtesies and laws.

Other topics include shopping on the economy, off-base leisure activities,
and traveling throughout Germany and Europe.



Airman & Family Readiness Center

Bldg. 2120 • DSN: 480-5100 or 06371-47-5100 | 86fss.com



**Ramstein
Bowling
Center's**

9-PIN NO-TAP MONTHLY TOURNAMENT

Third Saturday of the Month @ 1700

\$25 entry before day of tournament

\$30 day of tournament

9-count on first ball counts as a "X"; bowl four (4) games

Separate events for men and women "Cash Prizes"



Ramstein Bowling Center
Bldg. 2139, DSN 480-5547 or CIV 06371-47-5547
www.86fss.com



\$5
RESERVATION
REQUIRED

GRAVE YARD FRIDAY

**21 OCTOBER | 1600
-TO-
2000**

RAMSTEIN COMMUNITY CENTER

FAMILY EVENT . HAUNTED HALLWAY . GAMES . CRAFTS
MOVIES . HALLOWEEN BACKDROP To TAKE PICTURES
CANDY . DRESS IN YOUR FAVORITE COSTUME

For more information call us at
CIV: 06371-47-6600 | DSN: 480-6600



CLUB E'

PRESENTS

TEXAS HOLD 'EM

TOURNAMENT

Last Friday at Club E'
Doors open 1730
Game begins 1830

Open to ages 18 and over all ranks

Bar food provide prior to game starting while supplies last.

Sign Up on Member Planet by scanning the QR code and reserve your spot
by 1700 on the Wednesday prior: **\$15 Non-Member, \$10 Member**

At the Door: **\$20 Non-Member, \$15 Member**

PRIZES

1st place: \$100 dollar FSS gift card
2nd place: \$50 FSS gift card
3rd place: \$25 FSS gift card



RAMSTEIN ENLISTED CLUB
Bldg. 2140 • DSN 480-2333 CIV 06371-47-2333



**Ramstein
Bowling
Center**

CLUB SATURDAY

Every **LAST Saturday**
of the month!

**2000
-
2300**

Featuring
DJ Will J.

**Unlimited Bowling
Shoe Rental
Glow Bowling**

\$10/person

Up to five (5) participants per lane
Reservations encouraged!

**Ramstein
Bowling Center**

Bldg. 2139

DSN 480-0725 or CIV 06371-47-0725

Ramstein and Vogelweh Bowling Centers



www.86fss.com

RAMSTEIN ARTS AND CRAFTS CENTER

PAINT & sip



\$25
Entry

Includes all supplies,
instruction, 2 glasses of wine,
water and light refreshments.

REGISTRATION
by phone: 480-5479 | 06371-47-5479
in-person: Arts & Crafts Center, Bldg 2113

14 OCTOBER | 1800

Building 411 Craft Room



ARTS & CRAFTS CENTER

OCTOBER events

PAINT & SIP: SUGAR SKULL

14 October - 1800 - \$25

PAINT & SIP: AUTUMN NIGHT

21 October - 1800 - \$25

ALL AGES HALLOWEEN COOKIE DECORATING

25 October - 1800 - \$20

ADULT COOKIE DECORATING

27 October - 1800 - \$40

18 | Was ist Los

WOODLAWN GOLF COURSE

HAUNTED GLOW GOLF

**29 October
1800**

Play the front 9 holes as
Par 3s under the moonlight.



Scan me
for registration!

WOODLAWN GC
RAMSTEIN GERMANY



Woodlawn Golf Course

Costumes allowed/
encouraged.
Prizes for best dressed!

This is a walking-only event,
AGF Members: \$25, Non-AGF Members: \$45
Entry fee includes: green fee, glow golf
materials, prizes and food.
Reservation Deadline: 26 October

WOODLAWN GOLF COURSE
Bldg. 3221, Ramstein Air Base, DE
DSN 480-6240 || CIV 06371-47-6240



RAMSTEIN & VOGELWEH TEEN CENTERS



**DID YOU KNOW THAT THE TEEN CENTERS
ARE NOW FREE?**

All Teens ages 13-18

Free WiFi, Video Games, Leadership Opportunities, Scholarship programs,
Fine Arts, And FUN!!!!

Mon-Fri 1500-1900

Late Night 3rd Friday of every month open until 2200

Contact Ramstein & Vogelweh Youth Programs to hang out.



Ramstein YP-DSN 480-6444 COMM 0637147 6444
Vogelweh YP-DSN 489-6504 COMM 0631536 6504
Ramstein - Bldg. 411 | Vogelweh - Bldg. 2059



BRITSHOP

OCTOBER PROMOTIONS

MON-FRI 09.00-17.30 HRS.
SATURDAY 10.00-14.00 HRS.
TEL. 06371 401442
E-MAIL. BRIT.SHOP@YAHOO.COM

HAPPY HALLOWEEN

THE KRAKEN
BLACK SPICED
RUM

1.14L

REG. 18.25

16.75

CRYSTAL HEAD
VODKA

1L

REG. 39.00

37.00

FIREBALL
CINNAMON
WHISKY
LIQUEUR

700ML

REG. 11.20

10.20

CAPTAIN
MORGAN
BLACK
SPICED RUM

750ML

REG. 15.00

13.50

FREIXENET
CORDON
NEGRO BRUT

750ML

REG. 6.50

6.00

BACHE
GABRIELSEN
COGNAC XO

1L

REG. 47.50

44.50

WHITLEY NEILL
BLOOD ORANGE
GIN

1L

REG. 17.35

16.35

JOSE CUERVO
ESPE REPOS
TEQUILA GOLD

1L

REG. 15.95

14.95

PALL MALL
NEW ORLEANS RED TTS DE

400s

REG. 52.00

49.50



JOB VACANCIES

Brit Shop Assistant

Applications are invited for the following Brit Shop Casual Assistant positions x 2.

The shift patterns will be 0900-1330 or 1330-1800.

The positions are to cover staff sickness and holidays. Occasional Saturday mornings will be required too between the hours of 1000-1430.

The current hourly rate for Brit Shop Assistants is €13.23

The Brit Shop Assistant duties will include:

- a) Ensuring that all customers are eligible to shop and ensuring those customers are served efficiently and politely
- b) The handling of cash.
- c) Operating the computer system and associated stock control systems, credit card machines and cash registers in accordance with standard operating procedures.
- d) Undertaking administrative tasks, including interaction with SAF accounts staff, essential for the efficient running of the Brit Shop.
- e) Physically moving heavy stock items* from delivery vehicles to and from stock rooms and onto shelves.
- f) When requested by the Brit Shop Manager, the escorting of delivery vehicles from the LVIS Gate of Ramstein AB to the Brit Shop and return, therefore a full driver's license is required.
- g) Maintaining the shop in a presentable state, to include general cleaning duties and the disposal of rubbish/trash.

** Applicants should be aware that the position calls for heavy lifting and they must be physically capable of carrying out these tasks. It is strongly recommended that applicants visit the Brit Shop, meet the staff and gain an insight into the demanding nature of the work.*

This position is open to all **UK dependants and spouses of US/NATO personnel who are aged over 18 years and hold SOFA status**, however in line with the Service Amenities Fund constitution preference will be given to applications from within the UK military community. Terms of employment will be broadly governed by the employment laws of England and Wales.

Please apply via email, including your CV to Sarah Sellars to brit.shop@yahoo.com. Closing date for applications is 17/10/2022

FITNESS CENTER CALENDAR

OCTOBER 2022

DEPARTMENT OF THE AIR FORCE



786 FSS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

0610 Spin # 3
0800 Bootcamp #
0900 Pilates #
1000 Zumba \$
1100 Step \$
1230 Spin #
1600 Yoga #
1730 Conditioning #
1800 HIIT Circuit (Vogelw.) #

0610 Conditioning # 4
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1800 Zumba Toning \$

0610 Spin # 5
0900 Pilates #
1000 Body Balance #
1100 Step \$
1230 Cardio Kickboxing \$
1600 Spin #
1730 High Fit #
1800 HIIT Circuit (Vogelw.) #

0610 Conditioning # 6
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1730 Streight Training #

7
Family Day
No Classes

1/8
1 October
0930 Zumba \$
8 October
No Classes

10
Columbus Day
No Classes

11
0610 Conditioning #
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1800 Zumba Toning \$

12
0610 Spin #
0900 Pilates #
1000 Body Balance #
1100 Step \$
1230 Cardio Kickboxing \$
1600 Spin #
1730 High Fit #
1800 HIIT Circuit (Vogelw.) #

13
0610 Conditioning #
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1730 Streight Training #

14
0610 Spin #
0900 HIIT Circuit #
1000 Zumba \$
1100 Streight Training #

15
0930 Zumba \$

0610 Spin # 17
0800 Bootcamp #
0900 Pilates #
1000 Zumba \$
1100 Step \$
1230 Spin #
1600 Yoga #
1730 Conditioning #
1800 HIIT Circuit (Vogelw.) #

18
0610 Conditioning #
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1800 Zumba Toning \$

19
0610 Spin #
0900 Pilates #
1000 Body Balance #
1100 Step \$
1230 Cardio Kickboxing \$
1600 Spin #
1730 High Fit #
1800 HIIT Circuit (Vogelw.) #

20
0610 Conditioning #
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1730 Streight Training #

21
0610 Spin #
0900 HIIT Circuit #
1000 Zumba \$
1100 Streight Training #

22
0930 Zumba \$

0610 Spin # 24
0800 Bootcamp #
0900 Pilates #
1000 Zumba \$
1100 Step \$
1230 Spin #
1600 Yoga #
1730 Conditioning #
1800 HIIT Circuit (Vogelw.) #

25
0610 Conditioning #
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1800 Zumba Toning \$

26
0610 Spin #
0900 Pilates #
1000 Body Balance #
1100 Step \$
1230 Cardio Kickboxing \$
1600 Spin #
1730 High Fit #
1800 HIIT Circuit (Vogelw.) #

27
0610 Conditioning #
0900 Yoga #
1000 Strong Nation \$
1115 Zumba \$
1230 Spin #
1600 Conditioning #
1730 Streight Training #

28
0610 Spin #
0900 HIIT Circuit #
1000 Zumba \$
1100 Streight Training #

29
0930 Zumba \$

0610 Spin # 31
0800 Bootcamp #
0900 Pilates #
1000 Zumba \$
1100 Step \$
1230 Spin #
1600 Yoga #
1730 Conditioning #

Nov 1

2

3

4

5

IMPORTANT INFO

Call SSFC to sign-up for any class on the calendar.

Military members have priority, DOD civilians and host nation first responders can sign-up starting 24 hours before the class. All classes held indoors, 20 max participants.

Free Class • \$ Paid Class

Alpha Warrior: Every Tuesday and Thursday 1100 at Northside

Southside Fitness Center (SSFC)

DSN 480-0294, CIV 06371-47-0294

Monday-Friday: 0530-2200 • Saturday: 0800-1800

Unmanned *Sunday/Holiday:

24/7 access available

Northside Fitness Center (NSFC)

DSN 480-4500, CIV 06371-47-4500

Monday-Friday: 0600-1800

Unmanned *Saturday/Sunday/Holidays:

24/7 access available

FORCE
SUPPORT SQUADRON



The Ramstein Music Club was set up in mid-2021 with the vision to allow UK personnel here at Ramstein, and their families/dependants to have a facility in which to go and play/practice music on base. Now, it has been fully established (and tested by the band!) it's ready to be opened up for wider use. After a SAF grant was received of over €7000, the club purchased a wide range of quipment, including:

- * Drum kit
- * Guitars: 2 x electric, 1 x acoustic + 1 amplifier
- * Basses: 1 x electric, 1 x acoustic + 1 amplifier
- * Keyboard + amplifier
- * Microphones
- * PA system
- * Percussion instruments

Guitars and Basses can be signed out from the club for set periods in order for personnel to practice at home if desired. If you wish to use the facility, which is located behind the Brit Bar (access is through keys located in a nearby lock box), membership of the club can be sought through the committee below, after signing a membership agreeing to the club rules:

* OIC: Flt Lt Ben Northwood x 2579
benjamin.northwood@ac.nato.int

* Sec: Sqn Ldr David Emeny-Smith x 2965
david.emeny-smith@ac.nato.int



Christmas Markets



LARGE / LONG MARKETS

Koblenz – 17.11-8.01

Worms – 19.11-23.12

Heidelberg – 21.11-22.12

Frankfurt – 21.11-22.12

Rüdesheim – 21.11-22.12

Darmstadt – 21.11-22.12

Wiesbaden – 22.11-23.12

Aschaffenburg – 24.11-22.12

Mainz – 25.11-23.12

Michelstadt – 25.11-23.12

Fulda – 25.11-23.12

Marburg – 25.11-23.12 (Light Show
25-26.11)



SMALL / SHORT

Oberursel Medieval Market – 24-27.11

Hessen Park – 26-27.11

Ronneburg Castle Medieval Market – 26-
27.11/3-4.12/10-11.12

Idstein – 2-4.12

Büdingen – 30.11-4.12

Speyer – 5-10.12

Gelnhausen – 8-11.12

Bad Nauheim – 9-11.12



LIGHT SHOWS

Christmas Garden Koblenz – 17.11-15.01

Christmas Garden Frankfurt – 18.11-15.01

Winter Lights Frankfurt Palmengarten – TBA



CLO News



Welcome to the October newsletter. Mornings are chillier and leaves are changing their colours. This means only one thing, "Autumn is here". If this is your first Autumn in Germany, you are in for a treat. The beautiful colours are spectacular to see.

If you have ideas for, get togethers or events you wish to run with the community, please let us know; we can host events at the Community House, if we have volunteers to run those sessions. If you are interested in volunteering, please do contact us and we can work with you to get registered via SHAPE and to help set up the event or activity.

Don't forget to get signed up for Geraldine's trip to "Ravenna Gorge Christmas market trip", yet another fantastic opportunity for us to travel and experience Germany with the help from SAF.

Please remember that we are here to help – it is YOUR Community House. Feel free to call, email, message, whatever suits you, but do let us know if you need us.

We would like to take this opportunity to wish Pip, Claire, and Family all the best in their new adventure in Hawaii. We are not jealous at all! You will be greatly missed.

Laura & Nikki x

