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| **SHAPE & Brussels Practice Festive Opening Hours** | | |
| Monday | 19th December | 0800-1200 |
| Tuesday | 20th December | 0800-1200 |
| Wednesday | 21st December | 0800-1200 |
| Thursday | 22nd December | 0800-1200 |
| Friday | 23rd December | CLOSED |
| Monday | 26th December | CLOSED |
| Tuesday | 27th December | 0830-1200 |
| Wednesday | 28th December | 0830-1200 |
| Thursday | 29th December | 0830-1200 |
| Friday | 30th December | CLOSED |
| Monday | 2nd January | CLOSED |
| Tuesday | 3rd January | Normal hours resume |

**If you need medical assistance OOH contact Healix Healthline.**

Self-help advice for common minor conditions can be found on

 [**http://patients.econsult.health**](http://patients.econsult.health)**.** Enter Mons for the practice name

**If you need urgent care, you should attend A&E as soon as possible and inform Healix Healthline +44 (0)208 4817800**

**If you have features of COVID you should:**

* Self-isolate yourself and if possible, distance yourself from other household members.
* Complete the Covid reporting form on [ejsu.net](https://www.ejsu.net/covid19-reporting/)

**UKStratCom-DMS-DPHC-MON-Grp@mod.gov.uk will be monitored for you to inform us of any hospital admissions and covid notifications.**

**We would like to wish you all a Very Merry Christmas**

**and a Happy New Year.**