



European
Joint
Support Unit

Welcome to

Poggio



Welcome to Italy, where you will be employed at the NATO Deployable Air Command and Control Centre (DACCC) at Poggio Renatico - an Italian air base, near Ferrara where it is hoped you will have a wonderful and adventurous tour and embrace all that is on offer.

Our base support is provided by the European Joint Support Unit (EJSU), which is based at SHAPE in Belgium. The local support team are as follows:

EJSU Head of Location - FS Tina Vickers
JNCO Admin NSE - Cpl Mitchell Grantham
Host Nation Liaison Officer - Alberto Capolongo
Community Liaison Officer- Jo Wilkinson-Mitchell

Head of Location (HoL) is responsible for all the unit administrative and welfare support, which they do with the help of the team named above. Additionally, they can call on welfare and support from EJSU staff based at SHAPE, Belgium.

Area welfare officer +32 (0) 6544 5234

Welfare Clerk

+32 (0) 6544 6733

Padre +32 (0) 6544 5346

The Padre for the European Joint Support Unit (EJSU) is based in SHAPE (Belgium). They visit Poggio Renatico periodically. You may contact them privately if required, or the CLO or HoL can speak to them on your behalf if you would prefer. They can also do Skype and Google hang-out.

Joint Compassionate Travel from Overseas (JCCC)

Please note: Should circumstances arise whilst you are in Italy, which makes it necessary for relatives to apply for your return on compassionate grounds, such as a death in your immediate family, serious illness or serious family crisis, only the JCCC can authorise 'compassionate travel' from overseas.

The contact number for the JCCC is +44 1452 519951

Please pick up some JCCC cards from your current unit and give to your immediate family prior to moving to Italy. In case of contacting JCCC, they will need to know the rank and service number of the military person and there is space on the card for you to write this in.



FERRARA

Ferrara is a UNESCO World Heritage site and is a remarkable example of Renaissance urban planning. The main symbol of the city is the Estense Castle, a fortress built in 1385 to defend the Este family from public revolt. The oldest section of the city extends south of the castle, including the area around the Palazzo Municipale which has played a pivotal role in the life of the city since mediaeval times. The Palace overlooks Piazza Trento Trieste which hosts the Cathedral of San Giorgio, built from the twelfth century with an outstanding façade which was started in Romanesque style and finished in a Gothic style; the result is a superb combination of history. It's easy to explore the city on foot – or better still, join the masses and cycle instead as Ferrara is known as “The City of Bicycles”.

Ferrara is almost totally encircled by 9 km (5.5 miles) of ancient brick walls, mostly built between 1492 and 1520. Today the walls make up a large urban park around the town and are a popular destination for joggers and cyclists.

Ferrara has hot, humid summers and cool, humid winters. Summer temperatures are normally around 34 degrees Centigrade while winter temperatures do not normally drop below freezing. In addition, as Ferrara lies between two rivers (the Po and the Arno) it has frequent dense fog between October and March. Visibility down to 30 meters (100 feet) is not uncommon, particularly in rural areas near Poggio Renatico.

Click [here](#) for the tourist map of Ferrara and you can find more information on the history of Ferrara and top tourist attractions, [here](#) and [here](#).



EMILIA ROMAGNA

The region of **Emilia Romagna** occupies the north-central portion of Italy. Emilia Romagna nearly stretches across the country with its eastern border along the Adriatic Sea and its western area bordering the Liguria. To the north, Emilia Romagna borders the regions of Veneto and Lombardy while to the south lie Tuscany, Le Marche and the Independent republic of San Marino.

At the heart of Italian food is Emilia Romagna, its pasta, sauces, cheeses and pork products are world famous and are still made in the traditional fashion. Stuffed pasta includes the Tortellini of Emilia and the Cappelletti of Romagna, served with the famous Ragu. Emilia Romagna is home to the most popular Italian cheese, the Parmigiano-Reggiano, and Pork products include Parma's famous Prosciutto and Culatello, Bologna's Mortadella and the Zamponi (stuffed trotter sausage) of Modena. Romagna is home to fish and seafood dishes, with eels being a favorite of Comacchio. The area of Modena is also the home of the coveted Balsamic vinegar of Modena, yet another masterpiece of Emilia Romagna.

Nevertheless, there is more to Emilia Romagna than just food. Bologna is home to the oldest university in the Western World, the "Bo" founded in the 11th Century. Ravenna hosts 11 UNESCO World Heritage Sites; the **San Vitale Basilica** contains some of the best-known mosaics, depicting the Byzantine Emperor Justinian and the Empress Theodora. Maranello, a town south of Modena, is home to the Museo Ferrari, a Ferrari company museum dedicated to the Ferrari sports car.

Ferrara is perfectly located for easy access to the most famous cities of Italy; Venice, Florence and Rome can be reached easily using the Italian high-speed rail network. For nature lovers and winter sport fanatics, the Dolomites are an approximately 3-hour drive north and the Apennines 4 hours to the south.



FOOD AND DRINKS

Ferrara's food scene also contributes to Emilia Romagna's fame, from unusually shaped bread, to a pumpkin pasta specialty and the richest chocolate cake in Italy. These suggestions will introduce you to the historic city and some of the best spots for aperitivo, dinner, and lunch.

Aperitivo

An *aperitivo* is a pre-meal drink usually between 6 and 9 pm, where Italians meet to relax over a glass of wine or a light cocktail and finger foods. Since most people eat lunch around 1 or 2 pm, and dinner around 8 or 9 pm, it's also a good way to work up an appetite for dinner. While wine is common, try a classic Italian drink using the bitter Campari or the slightly less bitter Aperol. Both are fantastic mixed with soda water, or in a Spritz (Prosecco, soda water, and Campari or Aperol). If sweeter tipples are more your style, opt for the Hugo Spritz (Prosecco, elderflower syrup, sparkling water and mint leaves).

Apelle

Via Carlo Mayr, 75, 44121 Ferrara FE

XI Comandamento

Via Carlo Mayr, 57, 44121 Ferrara FE

Birraria Giori Dal 1881

Piazza Savonarola, 1, 44121 Ferrara FE

Dinner

Below you'll find a small selection of restaurants the community would recommend trying when you first arrive.

Traditional Ferrarese.

Ferrara's signature dish is Cappellacci di Zucca: little 'hats' of pasta filled with a mixture of pumpkin, parmesan, salt, pepper and nutmeg, it is often paired with ragù or a butter and sage sauce. The "Pasticcio di Maccheroni" is a typical Ferrarese dish consisting of pastry filled with macaroni with ground meat, béchamel, and mushrooms; and as a result it is a mix of sweet and savoury. Finally, Ferrara's specialty dessert certainly doesn't provide any relief from the richness of the savoury courses. Look out for 'Tenerina', a moist cake similar to a chocolate brownie, served hot and often with cream.

Il Mandolino

Via delle Volte, 52, 44121 Ferrara

Ca' d' Frara Trattoria Moderna

Via del Gambero, 4, 44121 Ferrara



Traditional Italian.

The below restaurants are excellent restaurants which offer traditional pizza and/or pasta and meat dishes.

Locanda 22
Piazza della Repubblica, 11, 44121 Ferrara

Osteria degli Adelardi
Via Guglielmo degli Adelardi, 27, 44121 Ferrara

Slurp
Via Giuseppe Garibaldi, 4, 44121 Ferrara

Non-Italian.

Take a break from the pizza and pasta with these restaurants:

The Lab: Steaks and Burgers.
Via Guglielmo degli Adelardi, 9, 44121 Ferrara

Tatsumi: Japanese Restaurant
Via Contrari, 7, 44121 Ferrara

Taj Mahal: Indian Restaurant
Via Giuseppe Garibaldi, 89/91, 44100 Ferrara

Li Xia: Chinese Restaurant
Piazza Sacrati, 43, 44121 Ferrara

Moon Ristorante Coreano: Korean Restaurant
Piazzale Gherardo Prosperi 4, 44122 Ferrara

Lunch

Take Eat Easy: Gourmet cafe turned out of a small, contemporary kiosk with patio seating.
Via degli Spadari, 1, 44121 Ferrara

Mordicchio: Serves Piadinas: thin Italian flatbreads with various fillings.
Piazza Sacrati, 3, 44100 Ferrara

Schiaccia: Sandwiches using the typical "schacciata livornese" with various fillings.
Via S. Romano, 73, 44121 Ferrara

Papparé: Café with vegetarian, vegan and gluten-free options.
Via S. Romano, 14, 44121 Ferrara



Gelato

Gelato is a popular frozen dessert in Italy and is often mistaken as being ice cream. The main ingredient in both ice cream and gelato is milk. But as the name implies, ice cream usually contains cream and milk, whereas gelato is made with just whole milk. Another ingredient that distinguishes the two is eggs; ice cream includes egg yolks while gelato is (most often) completely void of eggs. These differing measurements and ingredients affect the amount of fat in each dessert, as well as the texture. In addition, gelato is churned at a slower speed than ice cream, which creates a denser consistency since less air is whipped into the mixture.

Portici

Viale Olanda, 39, 44124 Ferrara

L'Era Glaciale

Corso Martiri della Libertà, 12, 44121 Ferrara

Millegusti

Corso Porta Reno, 43, 44121 Ferrara

La Romana

Via Palestro, 33, 44121 Ferrara

Home Delivery

The two popular home delivery apps ((if opened in Google Chrome most menus will translate to English)) for Ferrara are:

[Deliveroo.it](https://www.deliveroo.it/)

[Justeat.it](https://www.justeat.it/)

Both deliver inside and outside the walls.



Transport links

Bus

Local city buses in Ferrara are run by a company called AMI Agenzia Mobilità Impianti.

Website: <http://www.ami.fe.it/>

Tickets can be purchased when hopping onto the bus at the machine on board or can be purchased in advance from news-stands, tobacconists or vending machines. Tickets must be validated on the bus and you must hold onto your ticket until you have finished your journey. Large fines will be imposed if you are caught travelling without a ticket.

Timetable and Bus Lines can be viewed at:

<http://www.ami.fe.it/p/6/orari-e-linee-bus.html>

<http://www.tper.it/percorsi-orari/servizio-bacino-di-ferrara>

Airports

There are several airports in Northern Italy, but the nearest airport to Ferrara is 'Aeroporto G. Marconi' in Bologna which is approximately 34 miles from Ferrara. <http://www.bologna-airport.it/en/travellers.aspx?idC=61676&LN=en-US>

There is an airport bus, 'Ferrara bus and fly' that leaves from three locations in Ferrara and connects to and from the airport at various times during the day.

<http://www.ferrarabusandfly.it/>

Also close are the Venice airports, Marco Polo is especially popular. A quick google of Venice Marco Polo airport parking will find several options, all of which are very reasonable, and most provide a shuttle bus to the terminal.

Trenitalia (Trains)

The Ferrara train station is located at Piazza Stazione, 4. The railway line connects Venice and Bologna with direct regional trains to Venice. For more information visit www.trenitalia.com and click to change the language to English, to discover the latest 2 for 1 offers. These are valid on all Frecciabianca AV Frecciarossa Frecciargento trains for Saturday travel when purchased up to 24 hours prior to departure. You can download a mobile phone app which details trains, duration of journey, which platform train departs from, where it changes and the various ticket prices.

Tickets can be purchased from the ticket booth at the train station or direct from the self-service ticket machine where instructions can be changed to English. Payment can be made by card or cash. All regional train tickets must be validated prior to boarding the train to avoid a large fine.



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SMS Taxi

A handy way to call a taxi in Ferrara and the Ferrara Province offered by the Consortium Taxis CTF via your mobile phone.

To call a taxi send a normal SMS to 345 610 6390 (Ferrara and its province), writing in the message the details of the collection address, then the destination address. Website: <http://taxiferrara.it/sms-taxi.html>

The system will route request through SMS to central RadioTaxi and immediately sends a response message; "It's been activated to search the cab. Wait a confirmation SMS. Thank you"

After a few moments you will receive another SMS: "Taxi found! And 'arrival in the taxi 25 in 3 minutes. Thank you"

IT Taxi

A very handy smart-phone app, which allows you to call a taxi to your location, without the need to speak Italian. Download from the app store.

It will ask you to confirm your address using maps, then advise you the taxi number and approximately when it will arrive.